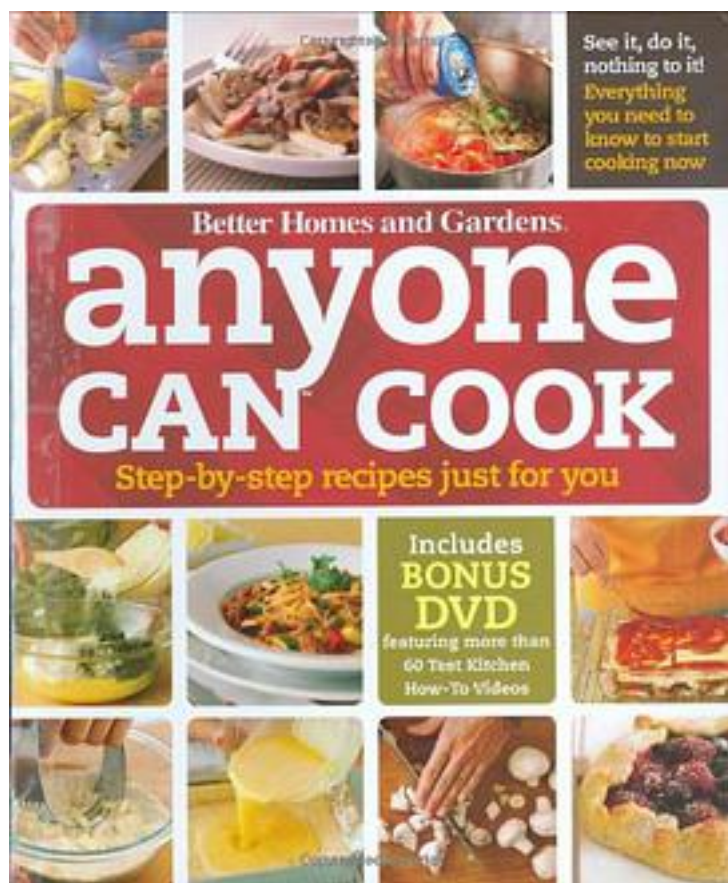


"Better Homes and Gardens" Anyone Can Cook



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著者:Better Homes & Gardens

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The ultimate visual guide to cooking for anyone who needs to learn quickly and without a lot of fuss! No other guide makes learning to cook (or becoming a more accomplished cook) this easy! With nearly 1,000 photographs, "Anyone Can Cook" brings you right into the kitchen, providing a visual guide to basic cooking skills and showing the appealing finished dish, while 575 recipes show how to create delicious

food, from breakfast favorites to savory toasted sandwiches to quick meat main dishes. This incredibly easy-to-follow guide offers: an 84-page visual intro to cooking that answers any question you might have about ingredients, tools, and techniques; a skill level icon that lets you know if a recipe is easy, easier, or easiest to make; an 'Ask Mom' feature at the bottom of every page where you'll find questions you might have about that recipe and a cross-reference to the page with the answer; and, super-easy recipes-from the comfort foods you crave (mashed potatoes and mini meat loaves) to some of the delicacies you enjoy in restaurants (Indian curries and Thai-style wraps). For anyone who wants to make home-cooked meals but could use a helpful hand in the kitchen, "Anyone Can Cook" is brimming with useful advice and tips to get you started cooking fabulous meals quickly and with confidence!

作者介绍:

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