

What Did I Do Wrong?



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It happens without warning, and it hits you with devastating force. Your closest girlfriend, the Ethel to your Lucy, the Thelma to your Louise, cuts you off completely. No more late-night phone calls, no more afternoon e-mails, no more catch-up lunches and dinners. She has decided for whatever reason to move on with her life and has left you to figure it out on your own. The experience can be as painful and confusing as a sudden breakup with a significant other, and you replay scenes from the friendship and wonder what you did wrong. Until now, women had to endure the heartache of losing a friend all alone, without the social support and understanding that accompanies, say, a romantic split-up -- and to make matters worse, they don't even have their best friend's shoulder to cry on. But *What Did I Do Wrong?* gives you that sympathetic shoulder and a resource -- and some answers -- that you can rely on. After author Liz Pryor had gone through a number of these breakups herself, she set out to discover why they were happening, how to help herself -- and others -- get through them...and how to prevent them from happening again. Through personal interviews and her popular website, www.lizpryor.com, Pryor collected hundreds of stories of friendships with which you will identify. Now she draws on those stories to explore the dynamics of friendship breakups in a candid, intimate way, revealing the patterns, the warning signs, and some ways to put a friendship right or help it change to meet your

or your friend's changing life. She also explains how to end a friendship -- if you find that you need to do so -- in ways that honor both parties' feelings and your history together. Like the best kind of girlfriend -- one who really will stay friends forever -- Pryor blends plain, old-fashioned, feminine good sense and good humor with genuine empathy for the thousands of women who live with the confusion that lingers after an ended friendship -- for women of all ages, races, and backgrounds. What Did I Do Wrong? validates your feelings and inspires you to be more forthright and compassionate with new and old friends. It might even lead you to reconnect with a lost one. In the end, you will be moved and uplifted by the many stories of strong friendships, broken friendships, and renewed friendships that make this book a treasure of women's wisdom and experiences.

作者介绍:

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