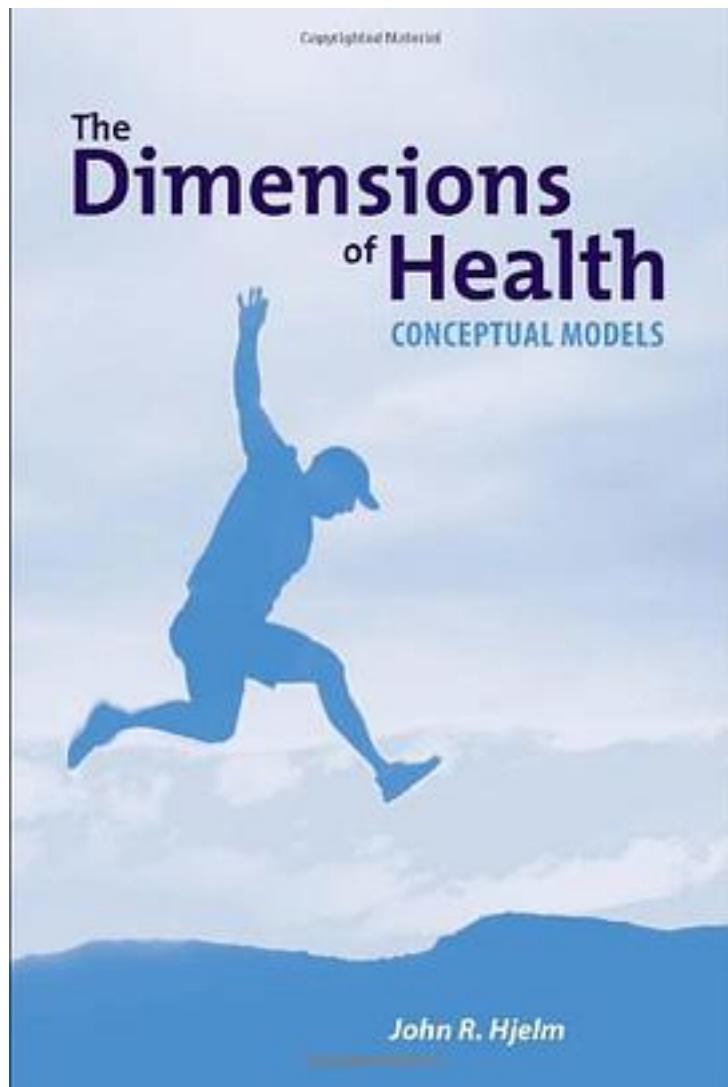


The Dimensions of Health



[The Dimensions of Health_下载链接1](#)

著者:Hjelm, John

出版者:

出版时间:2009-9

装帧:

isbn:9780763756093

The Dimensions of Health: Conceptual Models is an introductory text that examines the five dimensions of personal health: physical, social, emotional, intellectual, and spiritual. Each chapter: -Provides context for the study of that dimension -Includes examples of how experts think about that dimension -Presents two or more models developed by scholars and professionals -Discusses identifiable characteristics associated with each dimension By incorporating a variety of perspectives, The Dimensions of Health enables students to formulate their own answer to the question, "What is health?" This text is perfect for use in conjunction with a personal health text or as a standalone for any personal health course.

作者介绍:

目录:

[The Dimensions of Health 下载链接1](#)

标签

评论

[The Dimensions of Health 下载链接1](#)

书评

[The Dimensions of Health 下载链接1](#)