

Break



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Jonah is on a mission to break every bone in his body. Everyone knows that broken

bones grow back stronger than they were before. And Jonah wants to be stronger--needs to be stronger--because everything around him is falling apart. Breaking, and then healing, is Jonah's only way to cope with the stresses of home, girls, and the world on his shoulders. When Jonah's self-destructive spiral accelerates and he hits rock bottom, will he find true strength or surrender to his breaking point? " For those with a taste for the macabre and an aversion to the sentimental, it's hard not to be taken in by the book's strong central relationships.... "Break"] is like a one-man "Fight Club," and it could find nearly as many ardent followers" --"Booklist," starred review

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