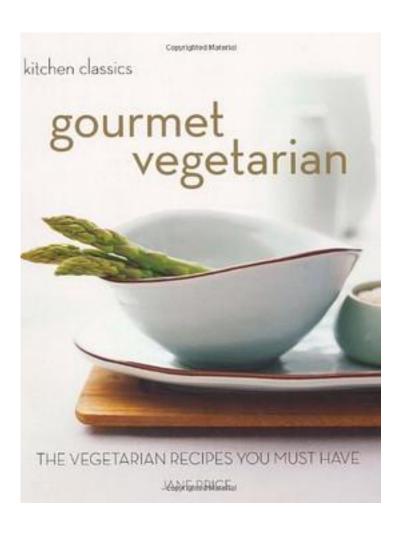
Gourmet Vegetarian



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With fresh produce, international flavours and a variety of dishes, "Gourmet Vegetarian" is a comprehensive collection of delicious vegetarian food. It contains recipes for: snacks and starters; salads and side vegetables; pasta, noodles and rice

dishes; casseroles, bakes, stir-fries and curries. Recipes include potato and cashew nut samosas, grilled tomatoes with bruschetta, warm lentil and rice salad, leeks in white sauce, sweet and sour onions, green pilaff with cashews, fettucine with green olives and eggplant, lasagne, sweet and sour tofu and lentil bhuja casserole.
作者介绍:
目录:
Gourmet Vegetarian_下载链接1_
标签
vegetarian
cuisine
Recipe
评论
 Gourmet Vegetarian_下载链接1_
书评
 Gourmet Vegetarian_下载链接1_