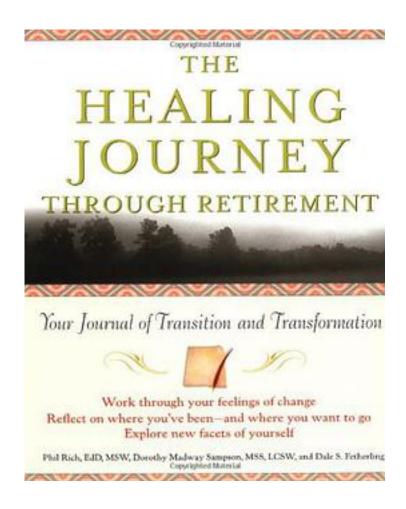
## The Healing Journey Through Retirement



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著者:Rich, Phil/Sampson, Dorothy Madway/Fetherling, Dale S.

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Valuable guidance on adjusting to and managing this new stage of your life When you retire, your emotions, lifestyle, and relationships undergo an enormous change. This comforting journal encourages you to examine the impact retirement will have on your life, invoking the healing power of writing to allow you to reflect upon and interpret

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