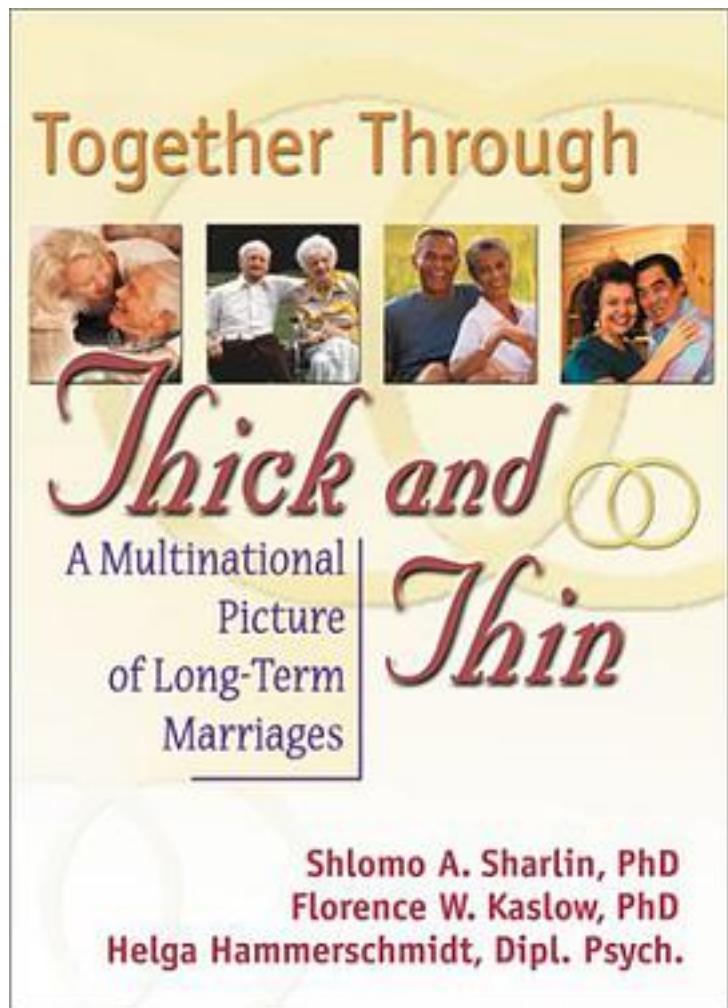


Together through Thick and Thin



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出版者:

出版时间:2000-8

装帧:

isbn:9780789004932

Discover what factors, beliefs, and attitudes build a successful marriage! In the enormous social, political, and technological upheavals since World War I, the long and happy marriage has begun to seem like an endangered species. In the desperate hunt for reasons that marriages fail, most researchers have ignored the factors that help marriages succeed. Together Through Thick and Thin: A Multinational Picture of Long-Term Marriage reports a landmark study of long-term satisfaction in marriage. Instead of relying on conjecture or unproven clinical hunches, the authors studied the happily married around the world. The respondents' early experiences included the Great Depression, World War II, and the Holocaust as well as the Roaring Twenties. In the years since they married, technological change and the women's movement have made the world almost unrecognizable. Yet these people have managed to maintain both stability and quality in their marriages. The scope of Together Through Thick and Thin is sweeping: eight countries, more than 400 couples who had been happily married for between 25 and 45 years. Factors analyzed include degree of satisfaction, gender differences, socioeconomic level, family history, shared values, religious belief and practice, attitudes toward children, physical health, and problem-solving styles, among many others. Moreover, the book builds on existing documented literature on marriage. This solid background helps put its wealth of practical data into context, an ideal synthesis of theory and practice. This study delves into the reasons couples stay together and stay satisfied. What qualities and attitudes do happily married couples share? Can the factors that keep a Chilean couple together for life also apply in the very different cultures of Sweden, Israel, South Africa, the United States? What keeps a marriage together in times of crisis? How important is love? Together Through Thick and Thin helps you understand the diverse factors that affect marital quality and stability by offering a broad range of information: a comprehensive review of the literature of happy marriage cross-cultural comparisons that kindle fresh insights discussions of factors ranging from gender and economic status to family history and shared attitudes specific behaviors and attitudes that illuminate what matters most in marriage, from mutual respect to shared fun the reasons couples stick together during crises which problem-solving behaviors actually work? Together Through Thick and Thin provides psychologists, family therapists, and couples counselors with the solid data they need to guide couples in crisis toward greater intimacy, commitment, and joy together.

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