

A Girl's Guide to Growing Up



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著者:Greenberg, Judith E.

出版者:

出版时间:2001-3

装帧:

isbn:9780531165423

Relaxed and respectful, this book provides a reader-friendly guide to the tricky landscape across adolescence. Leaving lectures behind, each chapter addresses real issues like personal relationships, alcohol and drugs, eating disorders, gangs, cliques, and sex. Internet resources, hotlines, and questionnaires are also included.

作者介绍:

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