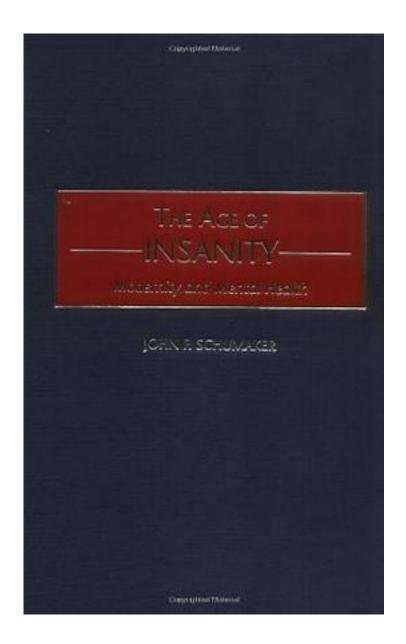
## The Age of Insanity



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著者:John F. Schumaker

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Focuses on the psychological and emotional relationship of individuals impacted by the conditions of modern society. The often misunderstood "modern person syndrome" is a disorder linked to the conditions of living in our contemporary society. The author argues that the conditions of modernity have introduced new processes, forces, and cultura' motivations that have major implications for all aspects of mental health and social well being. While modernity offers unprecedented opportunities for personal enhancement and creative expression, there is mounting evdence of a mental health crisis that demands the immediate attention of mental health professionals. In order to address the new challenges that have arisen under conditions of modernity, mental health professionals must rethink fundamental assumptions about the relationship between society and mental health, as well as the impact of modern social concerns upon individual behavior and psychological well being. This innovative approach to mental health seeks to explain a variety of psychological trends, including the steep rise in depression, the sharp increase in the prevalence of existential disorders, and the emergence of consumption disorders. By shedding light on the interaction between modernity and mental health, Schumaker illuminates the emerging patterns of mental disturbance while also offering new and more effective intervention and preventior.

作者介绍:

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## 评论

最适合我这种打着ClinicalPsychology旗号 其实跑到发达国家宣扬佛教道教印度教等看破红尘之东方智慧的伪心理学学生。。。我 对现代化与精神疾病的联系深信不疑!

<sup>&</sup>quot;现代性"的文化基础,起码就其部分而言,是一种以孤独与异化为特点的过度个人主义。具有"现代性"的个体,除却其自己,便再无它物可依凭了。乃至就连其仅有的自己,也是空洞的、去社会化的存在(empty

self)。然而现代社会,就社会与经济活动而言,又是以高度的人际竞争为特点的。在这样一种社会结构中,个体价值不免常常受到威胁。因为我们每个人,很难永远立于不败之地。竞争一方面固然可以最大限度的激发个体潜能,从而塑造出种种的个人主义神话。但另一方面,却又产生了不可承受的失败之重。

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## 书评

他们始终是孤单的,即便孤单的他们聚在一起,也只是孤单的众人(the lonely crowd)——题记

抑郁是现代社会最常见的心理困扰之一。一个有趣的现象是,抑郁在西方社会的发病率比非西方社会要高出很多。这里固然存在不同文化情境下,心里疾患的界定与表现不尽相同这一因素...

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