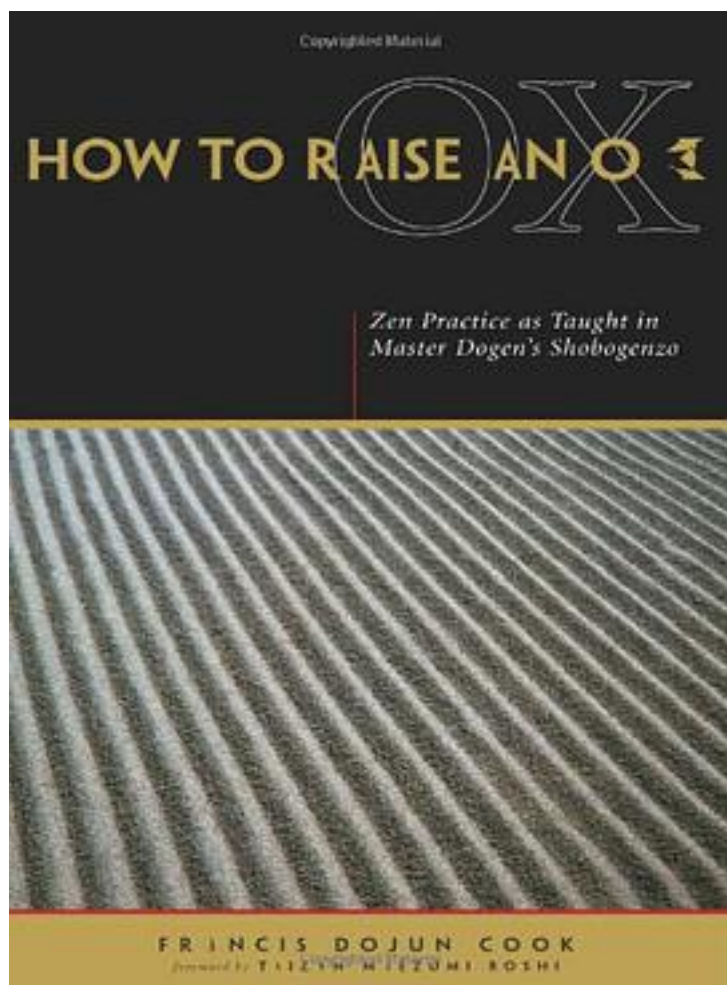


How to Raise an Ox



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著者:Francis Dojun Cook

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Thirteenth-century Zen Master Eihei Dogen has been unanimously acknowledged by Japanese and Western scholars alike as Japan's foremost philosopher. Now Francis

Dojun Cook, a Dogen scholar for many years, has translated ten practice-oriented chapters of Master Dogen's masterwork, the Shobogenzo ("Treasury of the True Dharma Eye"), in which he discusses what is involved in the wholehearted, moment-to-moment practice of Zen, with numerous examples from the lives of past masters.

作者介绍:

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评论

《正法眼藏》，清澈明朗而又一絲不苟的曹洞禪，值得一讀再讀。散論的部分有一些偏見。

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书评

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