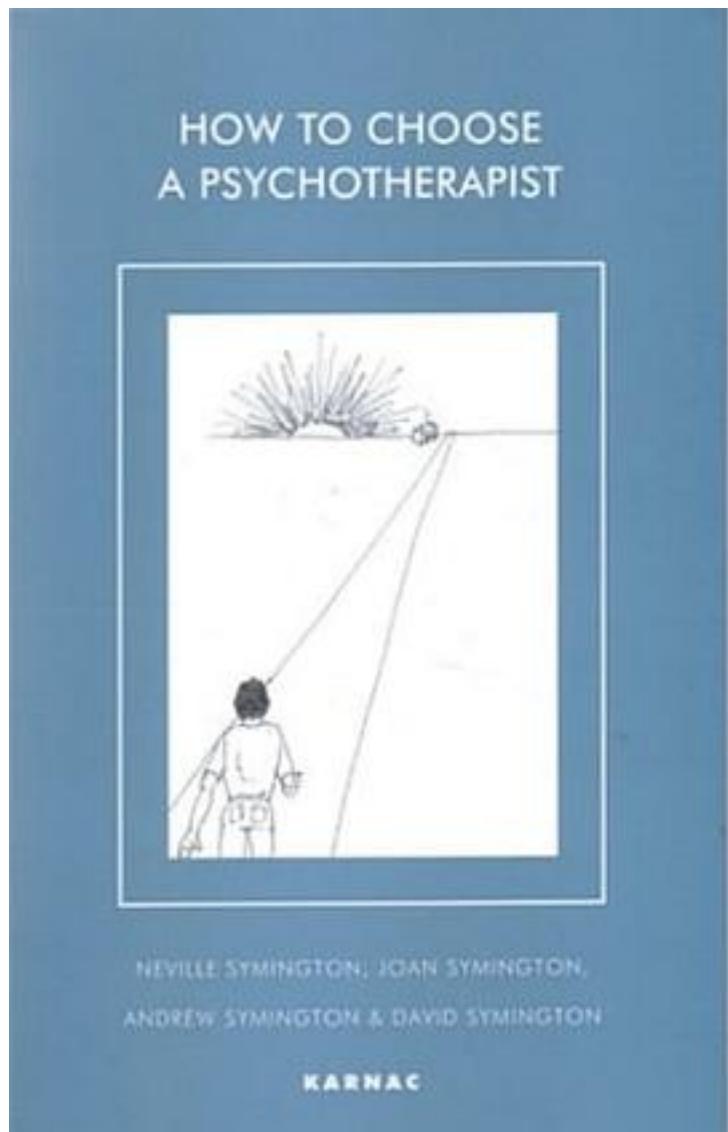


How to Choose a Psychotherapist



[How to Choose a Psychotherapist](#) [下载链接1](#)

著者:Symington, Joan

出版者:

出版时间:

装帧:

isbn:9781855752894

The demand for psychotherapy and counseling is greater than ever. More and more people are enrolling on psychotherapy and counseling courses; the number of different associations in this industry has doubled and everyone knows someone who is in therapy or at least thinking about it. So are standards of practice being sacrificed while we are trying to keep up with the demand? Are the right people training to be psychotherapists? Have you got the right psychotherapist? "This little book is written for patients. It is a challenge to action. Do not be satisfied with a malingering treatment. Gird your loins and challenge your psychotherapist and be prepared to go to a new one. It is worth going to trouble to find the right person. Psychotherapy is a long and expensive process so ensure that you make it effective. It is your responsibility to find the right person. This book is a guide to help you in that search." -- From the Introduction

作者介绍:

目录:

[How to Choose a Psychotherapist](#) [下载链接1](#)

标签

评论

[How to Choose a Psychotherapist](#) [下载链接1](#)

书评

[How to Choose a Psychotherapist](#) [下载链接1](#)