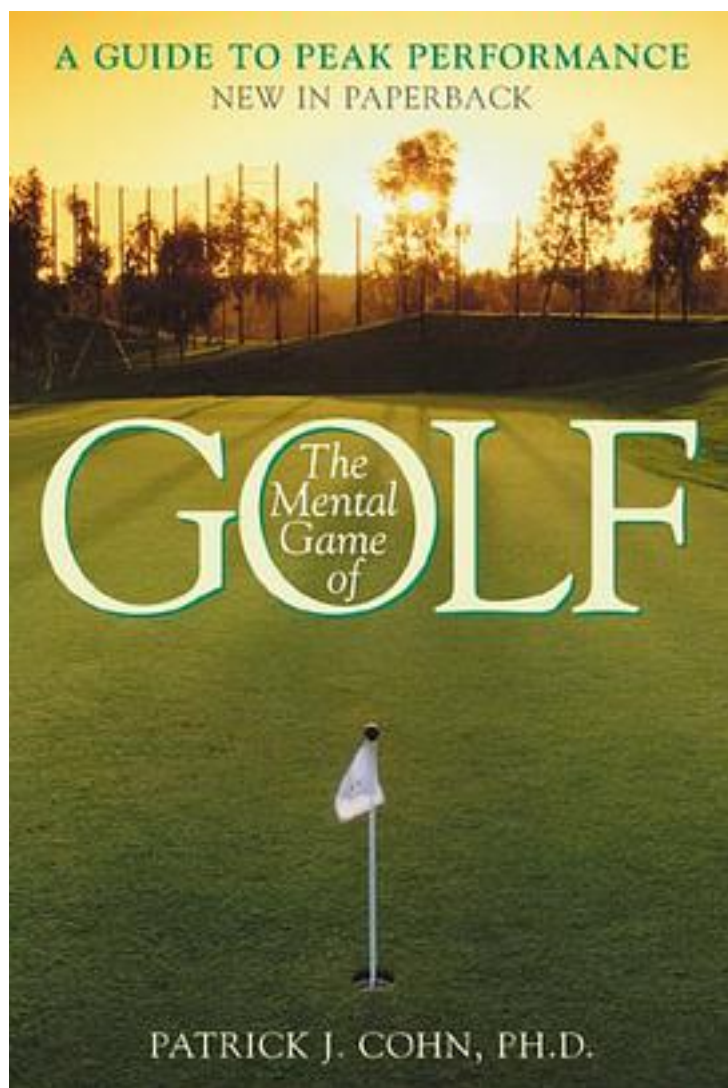


The Mental Game of Golf



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Combining the latest research, wide experience, and tips from tour pros, Cohn shows in this practical guide what peak performance is and how it can be achieved; how to learn the confidence that unlocks your best play; and techniques designed to improve concentration and emotional control in pressure situations.

作者介绍:

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