

Cucina Siciliana



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Sicily is where Europe ends and Africa begins, a sun-fired melting pot of East and West. In this exciting new book, esteemed food and travel writer Clarissa Hyman takes us on a cook's tour of the island, introducing us to the best pasta makers, the finest ingredients, and delicious recipes. The essence of Sicilian cooking is its simplicity. Whether you want to make a vitalizing weekend breakfast, a quick after-work supper, or host a relaxing dinner party, these easy, robustly flavored dishes are sure to provide inspiration and win compliments from family and friends. Handmade pasta, grainy cheeses, pungent herbs, aromatic spices, crunchy nuts, fresh fish, tender lamb, and a mouth-watering selection of vegetables and fruit provide the basis of more than 75 authentic dishes you'll want to turn to again and again.

作者介绍:

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