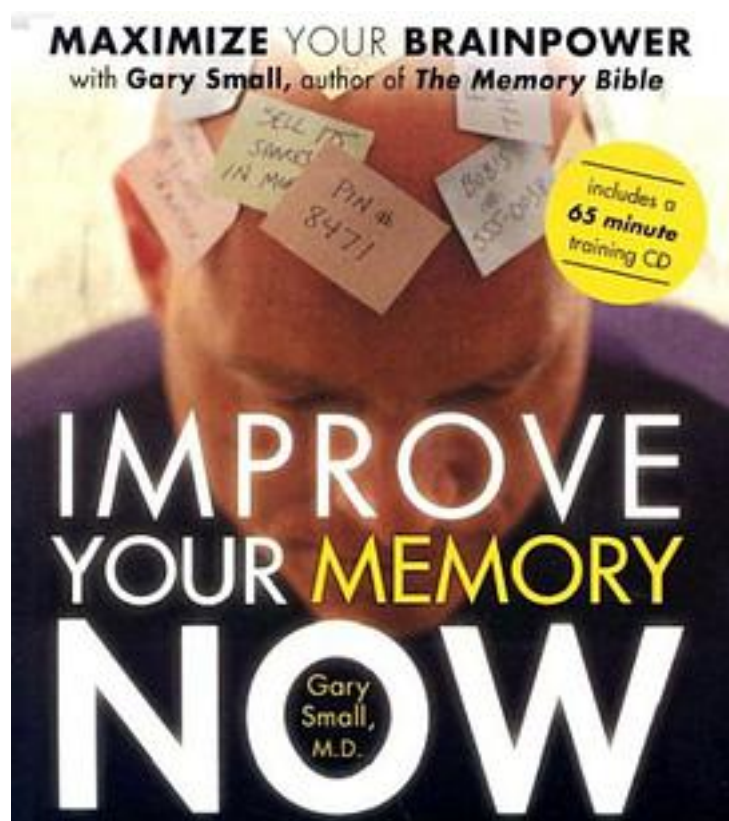


# Improve Your Memory Now



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How would you like to easily remember the names of every person you meet? In *The Memory Bible*, Dr. Gary Small showed that memory loss is not inevitable-and you can restore your brain's vitality. *Improve Your Memory Now* is designed to boost your memory from the very first time you use it. Distilled from Dr. Small's revolutionary work as director of UCLA's Memory and Aging Research Center, this program teaches you proven techniques such as the "Look, Snap, and Connect" to improve recall, "mental

aerobics" to boost your brain power, and much more.

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