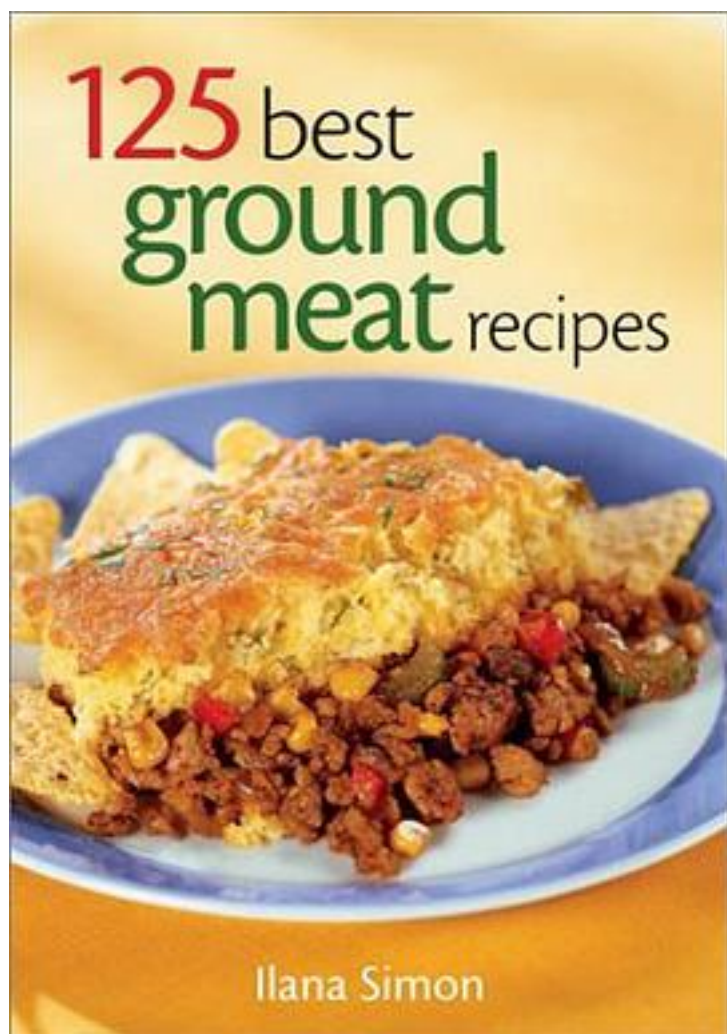


125 Best Ground Meat Recipes



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"Creating easy and satisfying meals." Ground meat is a popular staple of many recipes

from meatloaf to pasta sauce to chili. It's inexpensive, versatile and easy to use. 125 Best Ground Meat Recipes features ground meat recipes for fast weekday suppers, soups, main courses, pot luck dinners and appetizers. Create outstanding starters like "Pasta e Fagioli Soup," "Wontons and Chicken" and "Monterey Jack Quesadillas." Work week meals are easy with ground meat on hand: "Stuffed Turkey Meatloaf," "Potato Hamburger Casserole" and "Linguine with Ground Beef," "Garlic and Roasted Red Peppers." For an international flavor try "Polenta Pie," "Spicy Thai Ground Chicken Casserole" and "Empanadas." Great grilling recipes include "Turkey and Mango Burgers," "Ground Lamb Kabobs" and the "Ultimate Hamburger Patties." Included is advice for freezing leftovers as well as extensive information on the various kinds of ground meat and poultry, differences between hamburger and ground beef, and the cuts used for ground meat and poultry. This book takes all the guesswork out of ground beef safety with proper storage and handling tips.

作者介绍:

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