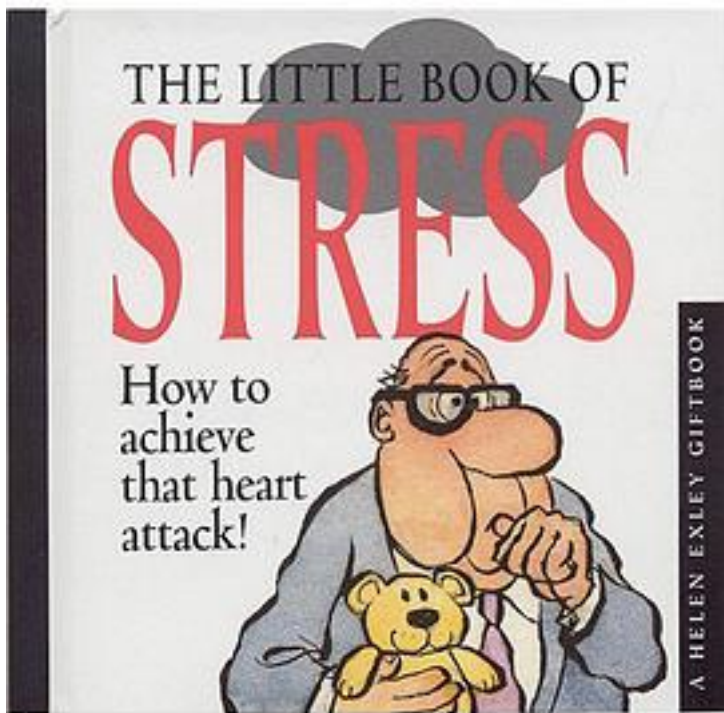


# The Little Book of Stress



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Feeling stressed? Who isn't? Feeling calm? What are you, nuts? Whatever your state of mind, try this hilarious sendup of relaxation hints, for the relaxed and uptight alike The author's publications include "Real Gorgeous, Keep Yourself Nice, The Modern Girl's Diary, The Crocodile Club," and "The Great Hysterical Figures Calendar."

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