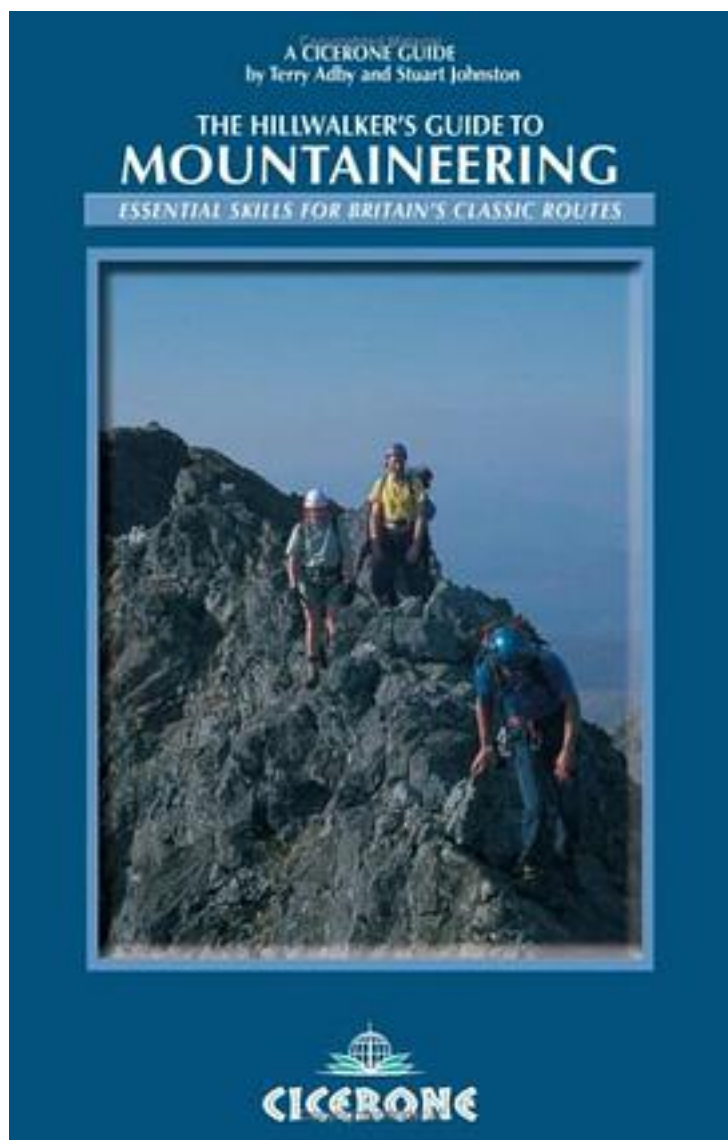


The Hillwalker's Guide to Mountaineering



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There was a time when climbing and walking were completely distinct activities. But as the number of people getting out to enjoy the wonders and challenges of Britain's mountains has grown, the definition of a mountain 'walk' has changed. The Hillwalker's Guide to Mountaineering features the techniques, gear and approaches that the active and ambitious hill-walker needs to be equipped with to competently tackle Britain's classic mountaineering challenges, from the tricky step of Broad Stand on the traverse from Scafell Pike to Sca Fell, to the mighty Tower Ridge on Ben Nevis.

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