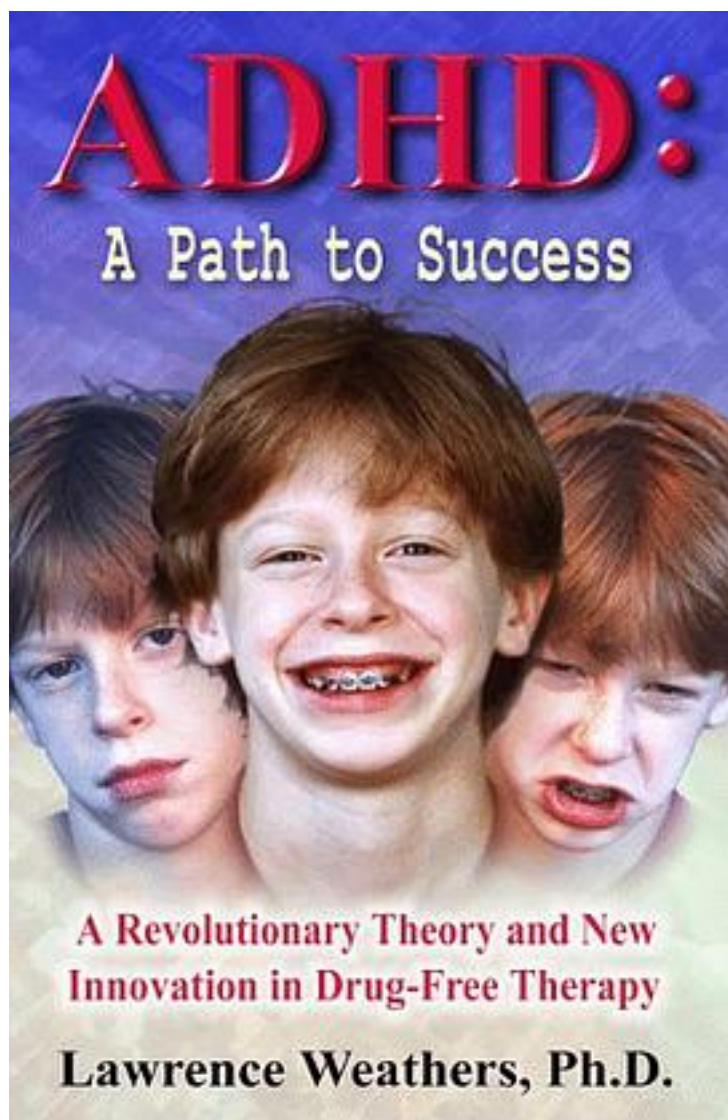


ADHD



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The Life Balance series gives young readers the tools they need to make smart decisions as they navigate the challenges of everyday life. This important series provides 10-13 year-olds with information, support, and concrete solutions to difficult problems. It also promotes a healthy mental attitude. Each book includes a glossary and a list of related books, organizations, and web sites for more information. Attention-Deficit/Hyperactivity Disorder (ADHD) is the most common behavioral disorder found in American children. Millions of children suffer from behavioral problems that disrupt their lives, interfering with the ability to lead a normal, joyful life. In "ADHD, author Trudi Strain Trueit investigates the issues at the heart of the ADHD debate. This book explores the history of ADHD, as well as symptoms and possible causes of the disorder, and methods of treatment. It also includes firsthand accounts from young people whose lives were touched and changed by this devastating disorder.

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