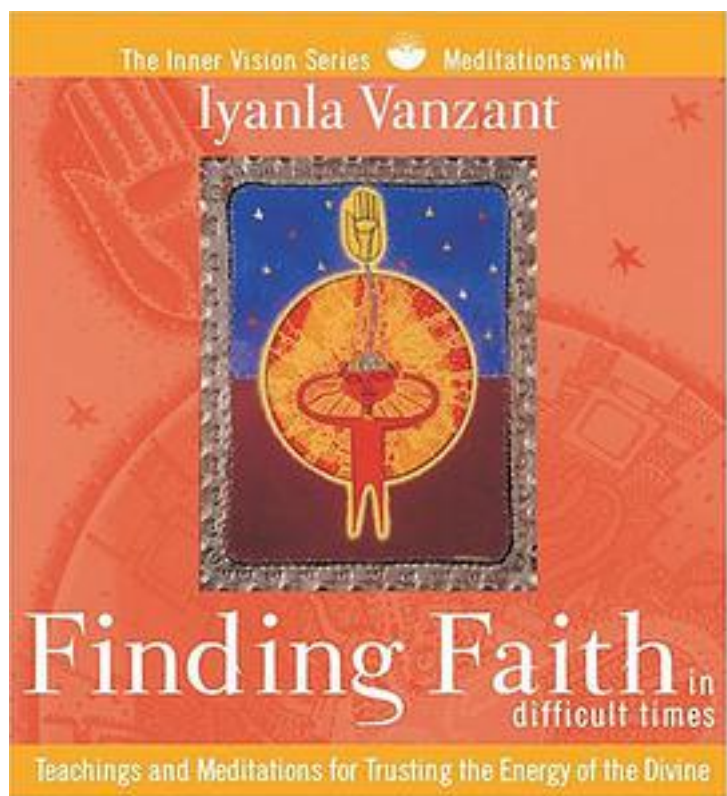


Finding Faith in Difficult Times



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著者:Vanzant, Iyanla

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"Faith is the breakfast of champions," Iyanla Vanzant likes to remind her listeners. "It is the staple diet of those fearless enough to see the invisible, hear the inaudible, and attempt the impossible." On Finding Faith in Difficult Times, Vanzant shares her most cherished collection of insights and meditations she learned while working through her own personal struggles. Join this bestselling author to discover: How to use focus and truth to anchor yourself when life feels like it is out of your control * Guided visualization exercises to help you clear a pasture of pure thoughts to grow a trusting

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