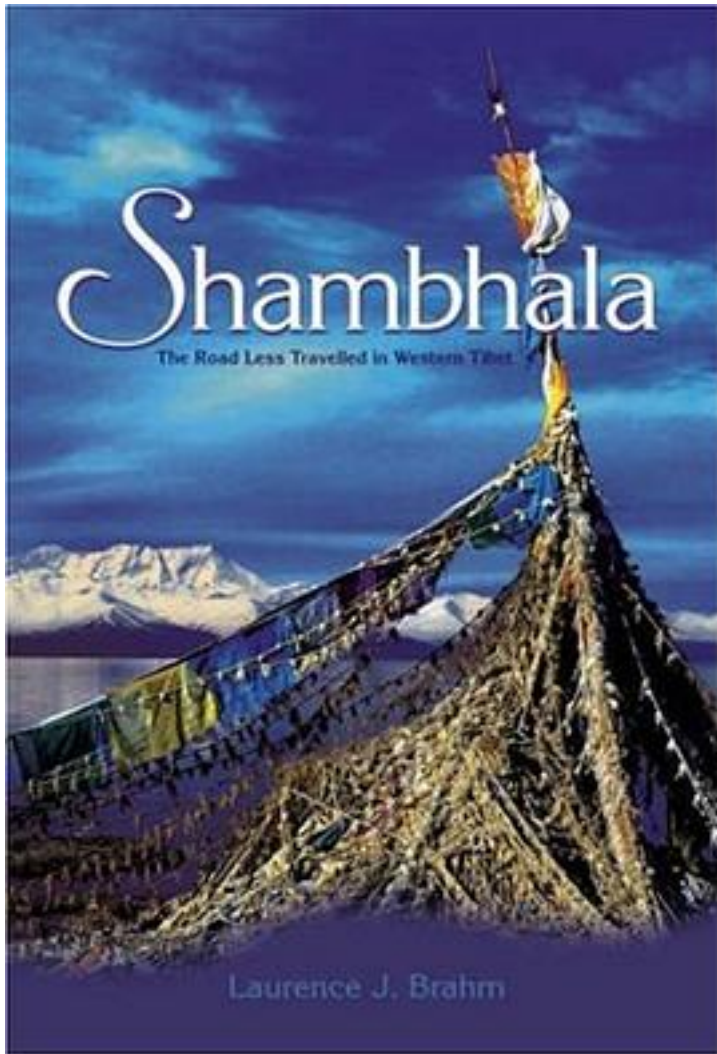


Shambhala



[Shambhala_ 下载链接1](#)

著者:Trungpa, Chogyam/ Gimian, Carolyn Rose (COM)/ Gimian, Carolyn Rose (EDT)

出版者:

出版时间:2004-10

装帧:

isbn:9781590301777

Since ancient times, the path of the enlightened warrior has been a powerful and inspiring ideal, showing us how we can master the challenges of life and draw power not from violence or aggression but through the cultivation of gentleness, courage, and self-knowledge. The Shambhala Book and Card Set offers a unique way to work with the teachings of warriorship to gain personal freedom and power, overcome negative habitual patterns, and find the sacred dimension of everyday life.

This box includes: 53 cards each containing a Shambhala Warrior Slogan with commentary on the reverse side (packaged with a fold-out card stand) an instruction booklet with guidance for applying the slogans to life throughout the day and a paperback edition of Shambhala: The Sacred Path of the Warrior, Chögyam Trungpa's classic work exploring the principles of warriorship.

作者介绍:

目录:

[Shambhala_ 下载链接1](#)

标签

评论

[Shambhala_ 下载链接1](#)

书评

[Shambhala_ 下载链接1](#)