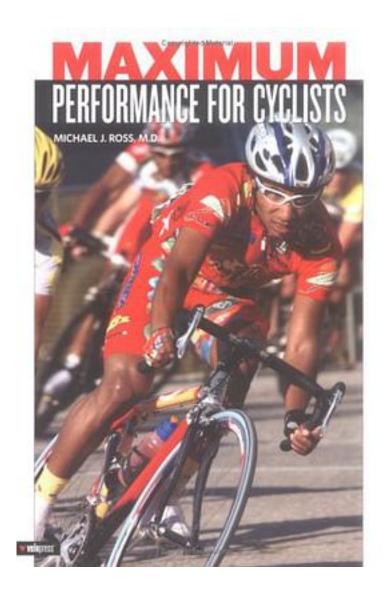
Maximum Performance for Cyclists



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As an experienced coach and physician, Dr. Michael Ross prescribes training plans based on proven science, not the latest training fad.
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