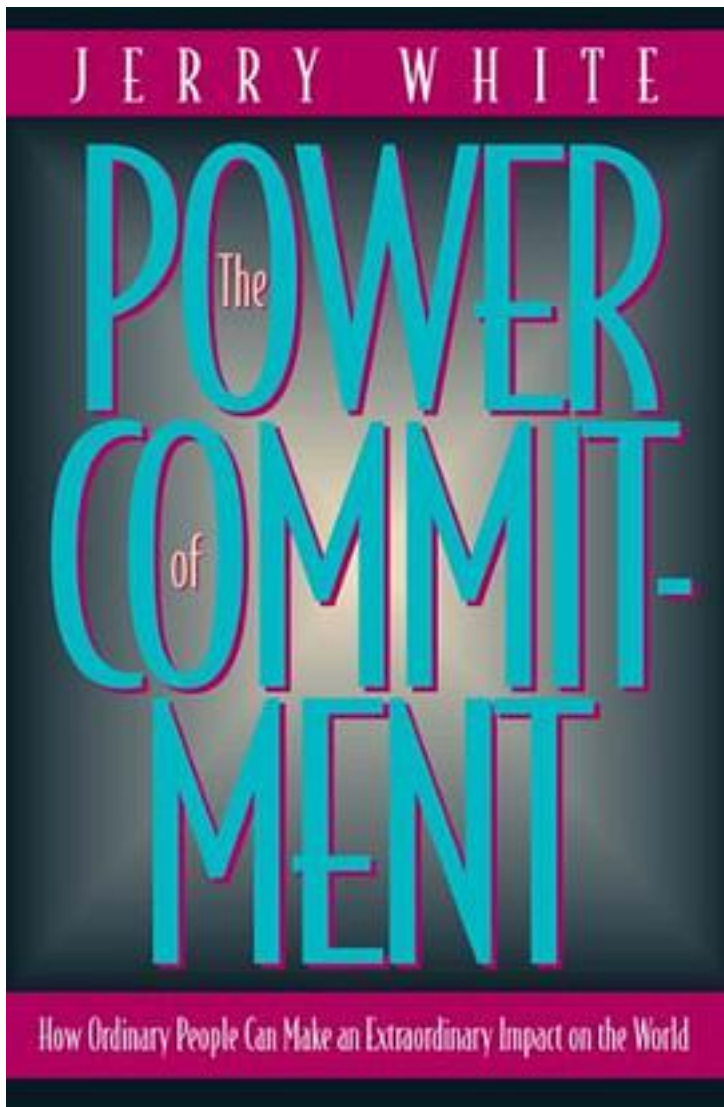


# The Power of Commitment



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出版者:Jossey Bass

出版时间:2005-5-10

装帧:Paperback

isbn:9780787979287

What is commitment and what's so scary about it? How can we better understand and appreciate the value of commitment and make it last - for a lifetime? In his new book, Scott Stanley, best-selling marriage expert, reveals that the secret ingredient for finding lasting love is understanding commitment. Too often, men and women find themselves in half-committed, Maybe I Do, relationships that lead to frustration, sadness, and, in many cases, divorce. But it doesn't have to be this way. Scott Stanley offers a five-step plan - based on his groundbreaking marital research and uniquely spiritual approach - for understanding commitment, including learning to handle the pressures of everyday life, moving through the pain of unfulfilled dreams and hopes, overcoming attraction to others that might endanger a marriage, transforming your thinking from 'me versus you' to 'we' and 'us,' and capturing the beauty and mystery of lifelong devotion, loyalty, teamwork, and building a lasting vision for the future. 'Nobody is more qualified to write this book than Dr. Scott Stanley' - Drs. Les and Leslie Parrott, Seattle Pacific University; authors, "Love Talk". 'This book should be mandatory reading for dating, engaged, newlywed, and not-so-newlywed couples. Bravo!' - Michele Weiner-Davis, author, "Divorce Busting and The Divorce Remedy".

作者介绍:

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