

Integrating Traditional Healing Practices into Counseling and Psychotherapy

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Edited by
Roy Moodley • William West

Multicultural Aspects of Counseling and Psychotherapy Series 22



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"Integrating Traditional Healing Practices Into Counseling and Psychotherapy" critically examines ethnic minority cultural and traditional healing in relation to counselling and psychotherapy. Authors Roy Moodley and William West highlight the challenges and transformations within the field of multicultural counselling and psychotherapy by integrating current debates and issues of traditional healing with contemporary practice. The book uniquely presents a range of theoretical and empirical accounts of the dilemmas and issues facing students in training, professional counsellors, psychotherapists, social workers, researchers, and others who use multicultural counselling or transcultural psychotherapy as part of their professional practice. This book contributes to the wider debates about ethnic minority health care by focusing on how ethnic minority groups construct illness perceptions and the kinds of treatments they expect to solve health and mental health problems; analyzes traditional healing of racial, ethnic, and religious groups living in the United States, Canada, and Britain to consider the diffusion of healing practices across cultural boundaries; explores contemporary alternative health care movements such as paganism, New Age Spirituality and healing, transcendental meditation, and new religious movements to increase the knowledge and capacity of clinical expertise of students studying in this field. "Integrating Traditional Healing Practices Into Counseling and Psychotherapy" is an ideal text for undergraduate and graduate students studying multicultural counselling or psychotherapy. The book is also a valuable resource for academics, researchers, psychotherapists, counsellors, and other practitioners.

作者介绍:

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