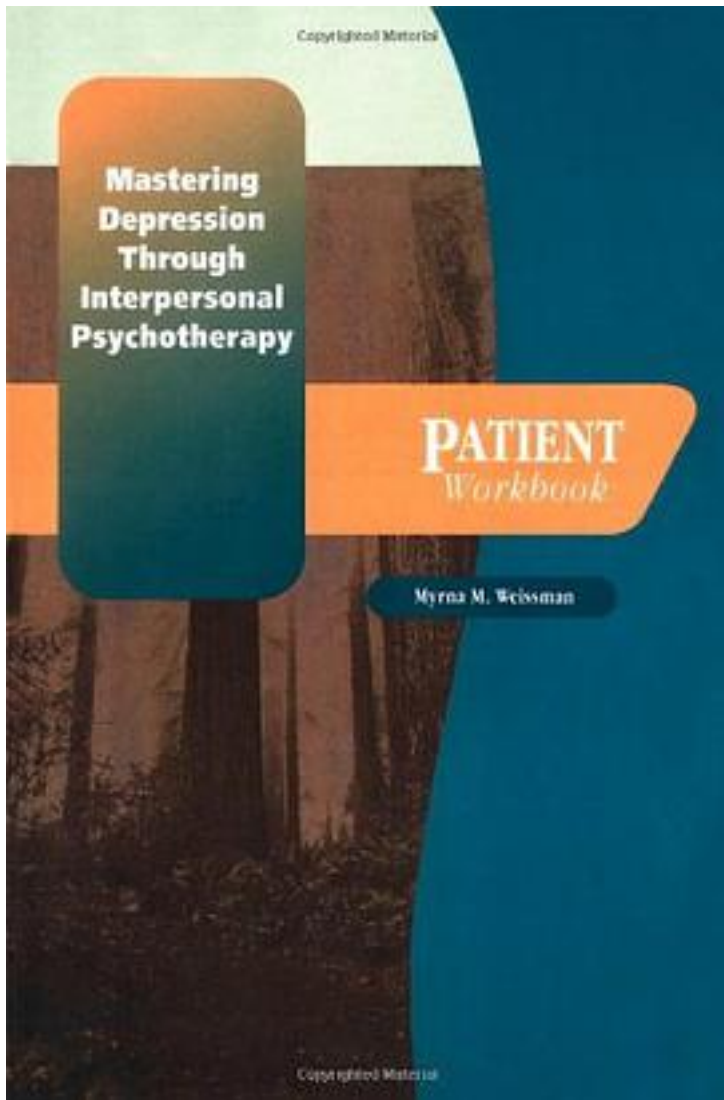


Mastering Depression Through Interpersonal Psychotherapy



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Containing forms that accompany "Mastering Depression Through Interpersonal Psychotherapy: Patient Workbook", this book helps readers learn about depression, its symptoms, and how they relate to events in the patient's life. When used as a part of therapy with IPT and in conjunction with the accompanying monitoring forms booklet, this book can help patients manage the effects of depression.

作者介绍:

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