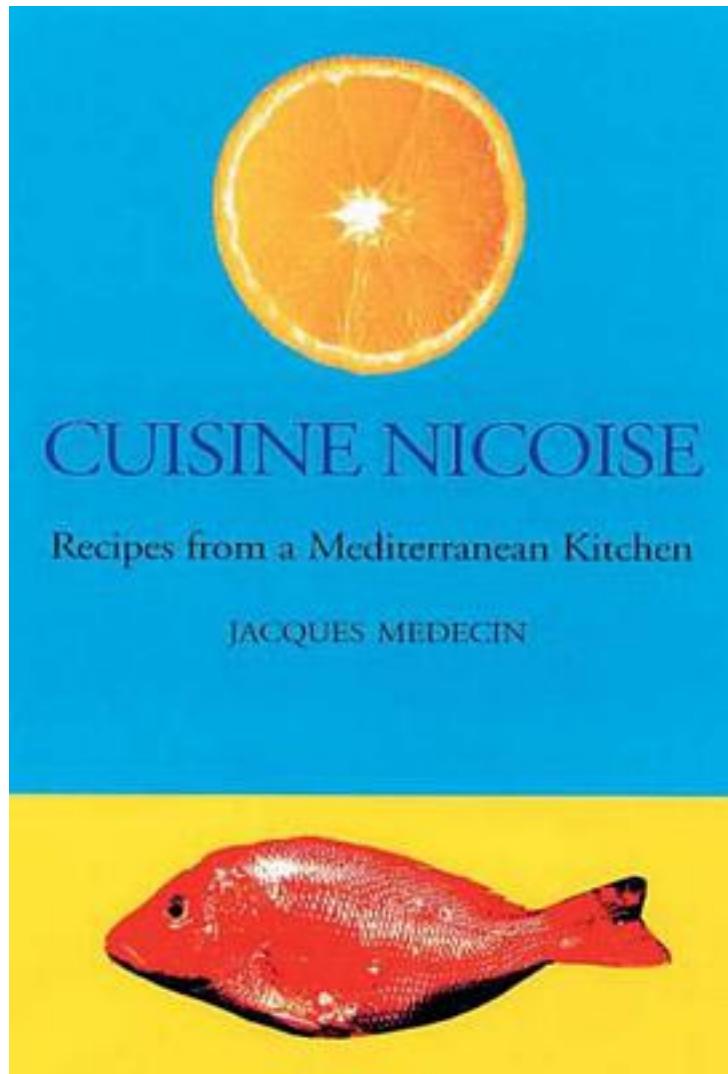


Cuisine Nicoise



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Nice has been part of France only since 1860 - so it is not surprising that its cuisine has no particular affinity with the traditions of the French cuisine. The Nicois cook believes in simplicity, not disguise, eschews rich sauces, nourishes a penchant for fish, fruit and vegetables and appreciates the importance of careful, subtle seasoning. The author, and mayor of Nice, offers an enthusiastic guide to the cookery of his city. As well as explaining how to make genuine salad nicoise (the most betrayed of Nicois dishes), he lures the reader into the world of stockfish, tians, panisses, socca, rabbit with fruit in aspic, stewed pork with capers and gherkins, ganses and Christmas bread.

作者介绍:

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