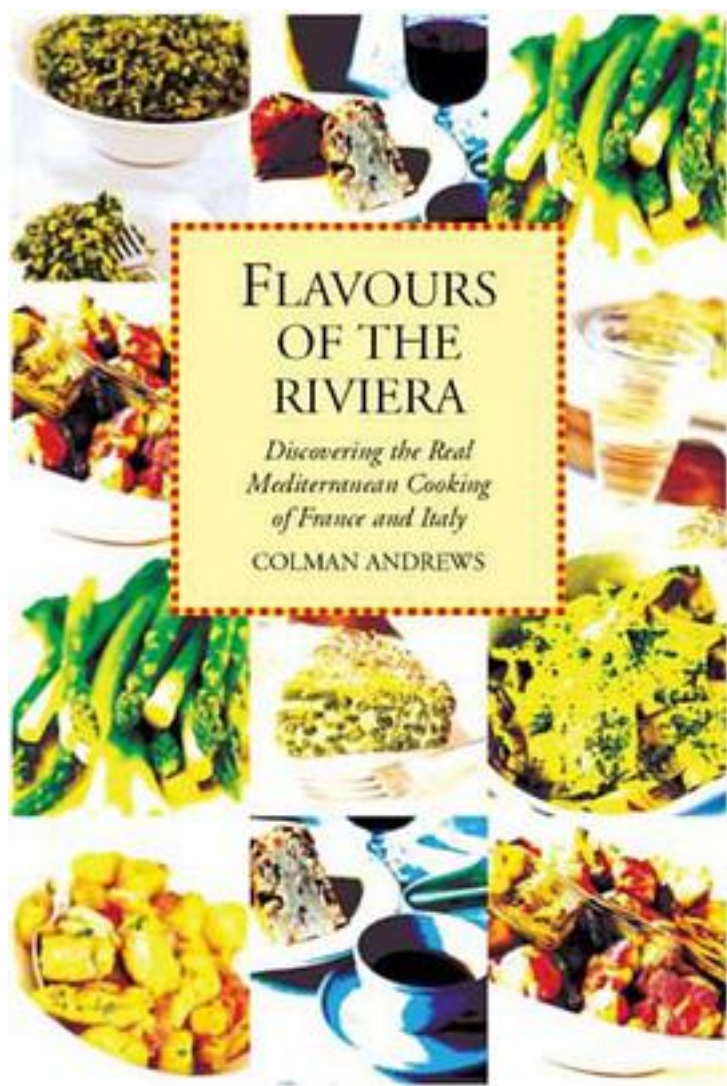


Flavours of the Riviera



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Olives, gnocchi and ravioli, chestnuts, cheese and mortar-made pesto - the traditional fare of the Riviera is not haute cuisine but a unique balance of delicate and hearty flavors born of the ingenuity of the people of the region and their enthusiastic love of good food. Colman Andrews, author of the highly successful Catalan Cuisine also published by Grub Street to much critical acclaim, offers here a compendium of recipes that capture the true essence of this region, as well as taking the reader on a gastronomic journey from the street vendors of Nice and food shops of Genoa to farmhouse kitchens and local restaurants. He begins his journey with one of the basics of Genoese cooking Ceci in Zimino (Stewed Chickpeas) served over toasted country bread and travels the 125 miles between Nice and the Tuscan border on the French and Italian Rivas, taking in the delights of herb-scented Focaccia, Socca the Nicols speciality and Tourte de Blettes, Nice's most original dessert.

作者介绍:

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