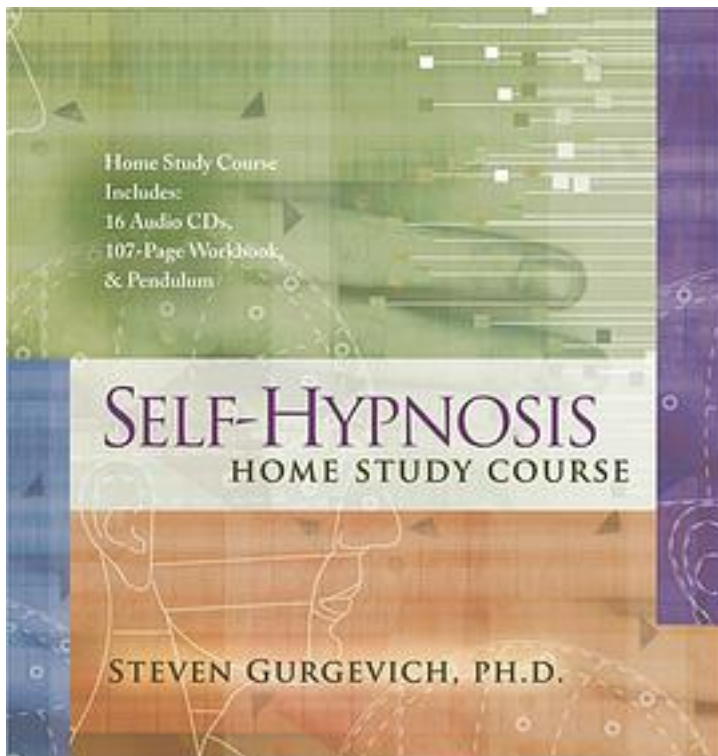


The Self-Hypnosis Home Study Course



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The body and the mind share an exquisite bond, teaches Dr. Steven Gurgevich. But how can we use this profound interconnection for healing? Enter The Self-Hypnosis Home Study Course, the first multimedia curriculum that taps the mind-body connection to optimize physical health, break unwanted habits, boost mental agility--whatever you set your mind to achieve. Features the Hypnotic Apothecary, with over 20 specialized hypnotic applications to relieve pain, assist in weight loss, heal skin, boost immunity, and much more.

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