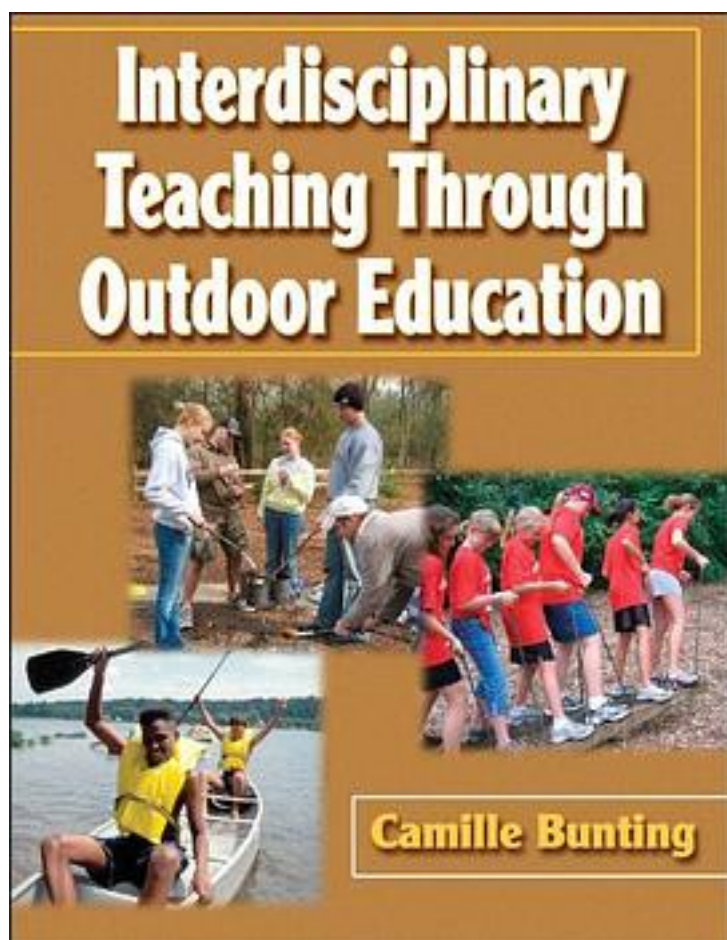


# Interdisciplinary Teaching Through Outdoor Education



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Aimed at students in recreation, outdoor education and physical education courses, as well as guides and instructors working in outdoor settings. The book examines why

outdoor education is important in schools and includes a step-by step guide for planning field trips through to a complete outdoor education programme. Provides a range of fun outdoor activities that can be used to motivate children and young people. Covers class preparation, teaching and assessment techniques for each lesson. Presents outdoor activities including camping, hiking, orienteering, first aid, outdoor cooking techniques, rock climbing, canoeing, angling and archery.

作者介绍:

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