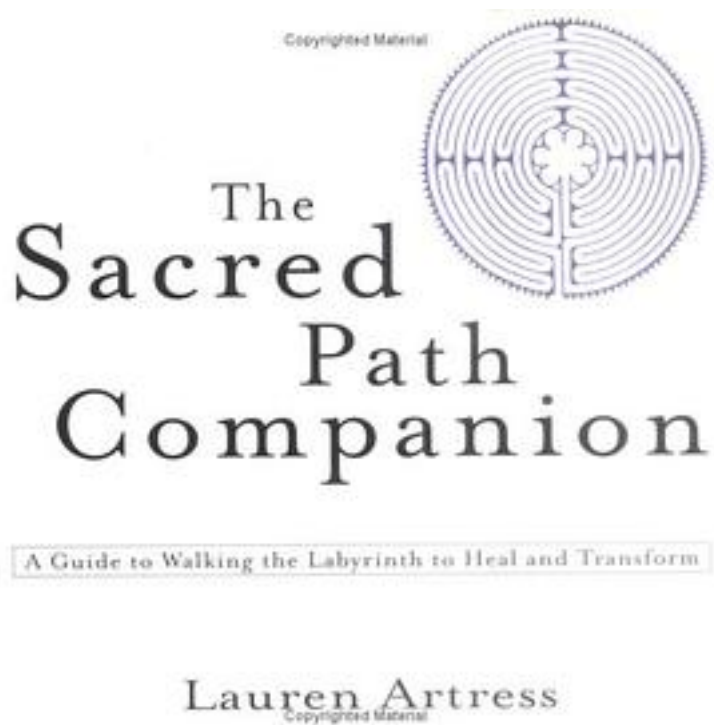


The Sacred Path Companion



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Full of exercises, suggestions, questionnaires, assignments, and meditations for getting the most out of the Labyrinth experience, The Sacred Path Companion is the indispensable guide for anyone searching for a spiritual journey that will inspire, educate, and engage.

Created by one of the guiding forces of the Labyrinth movement and the author of Walking a Sacred Path , this comprehensive and interactive workbook includes:

- The art of Labyrinth walking
- The nine lessons of the Labyrinth
- Four guidelines to gauge spiritual growth
- Specific uses for healing and transformation through the Labyrinth
- Forgiveness and reconciliation
- The six purposes of ritual
- Developing visions for the Labyrinth movement

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