Emotionally Intelligent School Counseling

EMOTIONALLY INTELLIGENT SCHOOL COUNSELING



John Pellitteri • Robin Stern Claudia Shelton • Barbara Muller-Ackerman

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著者:Pellitteri, John (EDT)/ Stern, Robin (EDT)/ Shelton, Claudia (EDT)/ Muller-Ackerman, Barbara (EDT)

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The concept of emotional intelligence (EI), which has steadily gained acceptance in psychology, seems particularly well suited to the work of school counselors and school psychologists who must constantly deal with troubled and underperforming students. To date, however, no book has systematically explained the theoretical and scientific foundations of emotional intelligence and integrated this information into the roles and functions of school counselors and other school personnel. In addition to illustrating how social emotional learning is important to both individual students and to school climate, the book also shows school counselors how to expand their own emotional awareness and resiliency.

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