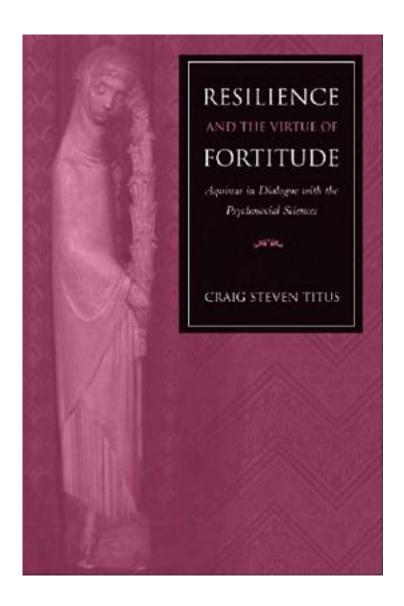
## Resilience and the Virtue of Fortitude



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著者:Titus, Craig Steven

出版者:

出版时间:2006-11

装帧:

isbn:9780813214634

Empirical Research and Virtue Ethics find a fitting match in their respective studies of resilience and fortitude. The concept of resilience involves personal and social capacities to cope with difficulty, resist destruction under hardship, and construct something positive out of an otherwise negative situation. Although the concept is new, the human phenomenon is ancient. It has been attested to for millennia by poets, philosophers, and spiritual writers who have praised it in the language of the virtues. In addition to examining empirical resilience research, this book offers—at philosophical and theological levels--a basis for a hearty understanding of the human person in terms of the virtues that enable human beings to over-come difficulty when they are faced with fear and suffering, or when they are in need of imaginative daring and hope. The primary such virtue is fortitude. The present study employs the thought of Thomas Aguinas and his sources on fortitude and its related virtues, while taking his dialogal method as a basis for critically appropriating reflections from other perspectives as well. The book offers a renewed, classic vision of the human person and the ordering of the sciences as read through the complementary and, at one level, corrective insights of empirical psychosocial studies on resilience. Such a vibrant natural-law approach to ethical norm's and moral development offers guidelines and a framework for understanding human resilience. Moreover, it recognizes a theological transformation of such human capacities--a spiritual resilience--by proposing the New Law of grace, Christ's teaching, and the infused virtues as vital bases for Christian ethics.

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