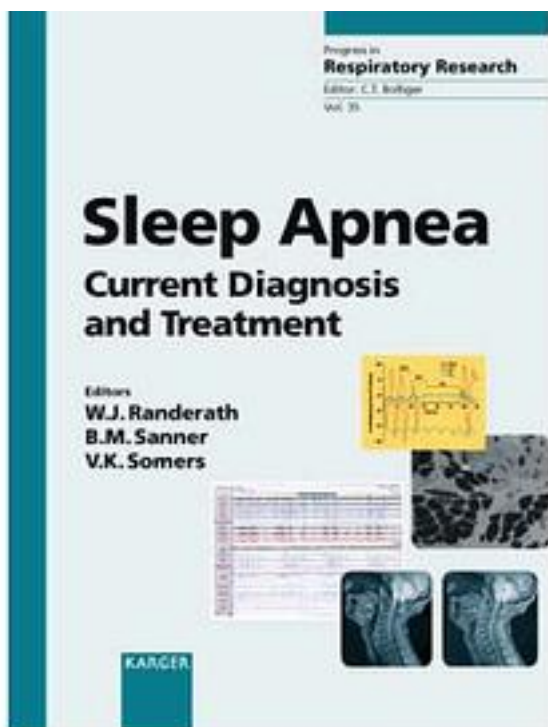


# Sleep Apnea



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著者:Pack, Allan I. 编

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Sleep apnea is a common chronic condition affecting millions of people. Written by a multidisciplinary team including sleep medicine specialists, pulmonologists, scientists, psychiatrists, otorhinolaryngologists, and more, this text provides essential scientific and clinical information for those treating and researching the condition. Since the previous edition published, sleep medicine has become a fully formed medical speciality. This second edition has been expanded to contain more clinically relevant information regarding diagnosis and treatment, and includes: New developments

regarding the cardiovascular effects of sleep apnea New developments regarding the role of sleep apnea in insulin resistance Developing research on intermittent hypoxia in the disorder Latest pharmacotherapeutic trials, addressed in the last chapter Organized into sections and subsections to make the book easier for the reader to use, this essential text also examines sleep apnea in special populations, such as children, older adults or pregnant women, and takes into account gender differences in the disorder.

作者介绍:

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