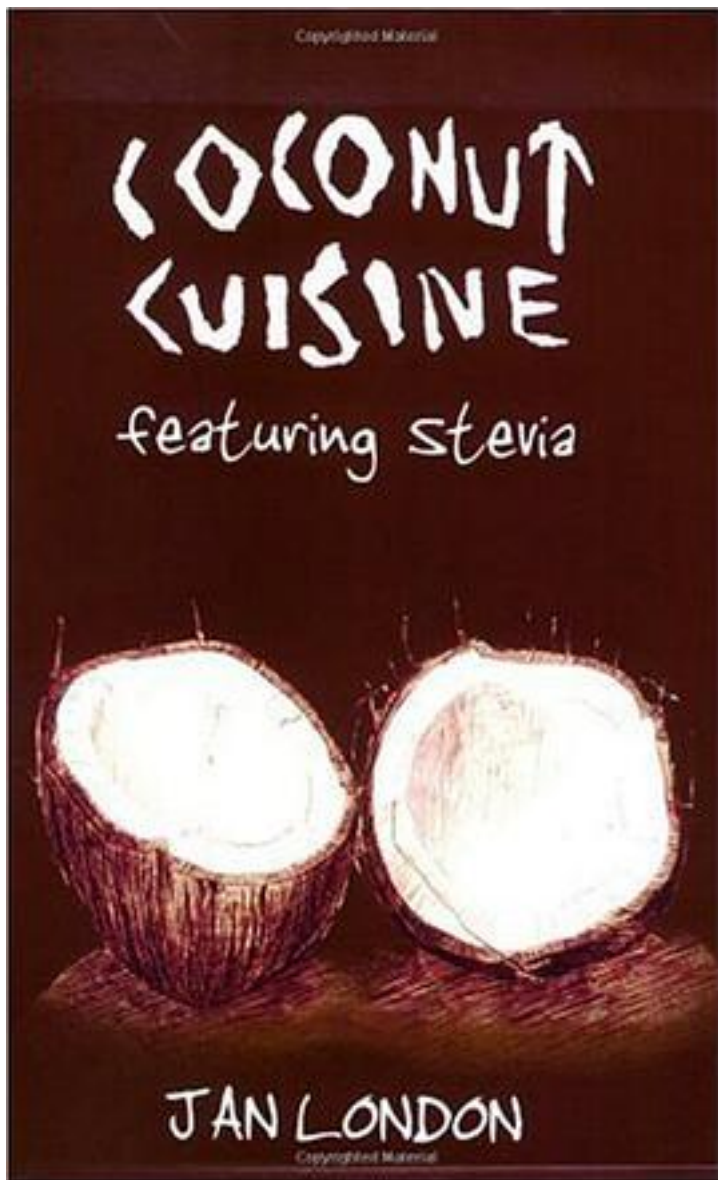


Coconut Cuisine



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Coconut is a delicious and healthful addition to many dishes using coconut milk, coconut oil, or flaked coconut as ingredients. Jan Londor pairs coconut with stevia, a natural plant-derived substitute for sugar and other sweeteners, to create over 130 easy recipes, from breakfast foods to main dishes and snacks.

作者介绍:

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