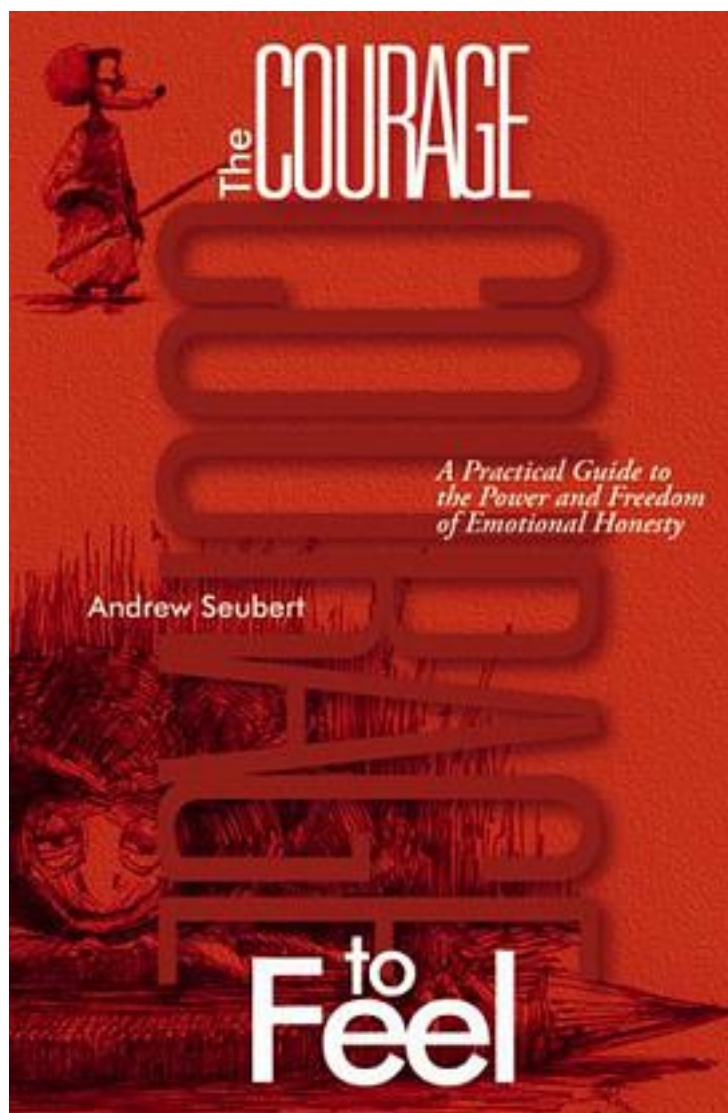


The Courage to Feel



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The Courage to Feel: a Practical Guide to the Power and Freedom of Emotional Honesty presents a pragmatic, creative and inspiring four-step path to emotional mastery and freedom.

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