

Babycare Week by Week



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This is the ultimate babycare bible for all first-time parents. Many mothers feel overwhelmed in the first six months of parenthood, but Alison Mackonochie gives out practical, sound advice and information so parents will know what to expect every week as their baby grows. There is so much to think about in the first six months of your baby's life and so much misinformation around to confuse and worry first-time mothers. Is your baby's behaviour normal? Are you doing what is best for your baby? Is your baby developing as he ought to? Alison Mackonochie takes you through the first six months, giving supportive and reassuring advice on what to look out for on a week-by-week basis. With beautiful colour photography and a clear and accessible

format, this is the perfect guide for mothers who want to feel fully informed about their baby's development, every step of the way. Includes: / Parents' survival guide information every week to help mother and father digest how they feel as their baby grows. / Special feature sections give helpful advice on breastfeeding, getting help from others, post-natal depression, common ailments, playtime and speech development. / Step-by-step photography shows how to change your baby's nappy correctly and how to top and tail.

作者介绍:

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