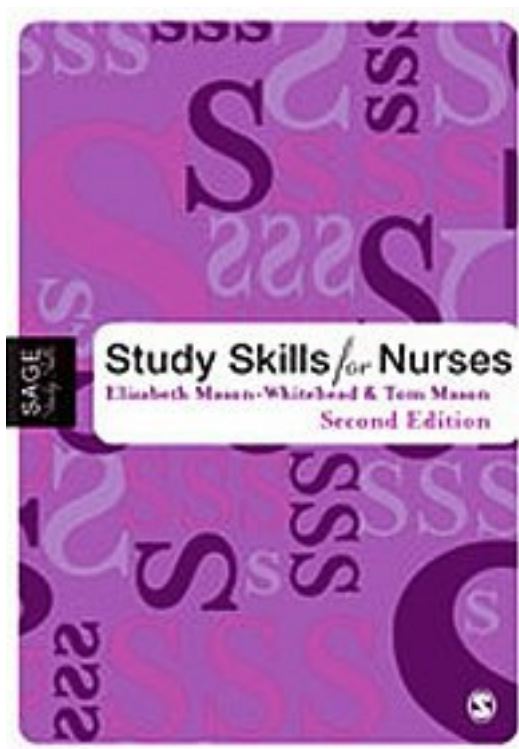


Study Skills for Nurses



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出版者:

出版时间:2007-11

装帧:

isbn:9781412934176

Praise for previous edition: 'This book is definitely for you if you want to perfect the art of studying and turn what is usually viewed as a chore into a pleasurable, rewarding experience' - Journal of Neonatal Nursing 'Reader-friendly format and wide-ranging coverage of material...this will be useful as a pre-course reader to new students and as a companion during the course' - Journal of Advanced Nursing 'This book should be a useful source of information and reference to aid nurses in general, not just Accident and Emergency nurses, who are undertaking new academic study' - Accident and Emergency Nursing The new edition of Study Skills for Nurses will help you develop the

skills and techniques you need for stress-free studying throughout your nursing training. This invaluable book will help you face everyday challenges like essay writing, doing assignments, and taking exams, with confidence. All chapters have been revised and updated for this Second Edition, which also includes a new chapter giving advice to students with special needs (including dyslexia, hearing and visual impairments, disability and mental health concerns), as well as more material on the importance of achieving a study/life balance. The book is comprehensive in its coverage of the core study skills, including practical advice on: - how to manage your time effectively - how to conduct literature searches - how to use technology in your study - how to use references - how to write assignments - how to pass exams With summaries, learning aids, and a glossary of key terms, students at all levels will find Study Skills for Nurses an accessible and indispensable companion throughout their training. Elizabeth Mason-Whitehead is a Reader in Community Nursing and Health at the University of Chester. Tom Mason is Professor of Mental Health and Learning Disability at the University of Chester.

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