Alcoholics Anonymous



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It's more than a book. It's a way of life. Alcoholics Anonymous-The Big Book-has served as a lifeline to millions worldwide. First published in 1939, Alcoholics Anonymous sets forth cornerstone concepts of recovery from alcoholism and tells the stories of men and women who have overcome the disease. With publication of the second edition in 1955, the third edition in 1976, and now the fourth edition in 2001, the essential recovery text has remained unchanged while personal stories have been added to reflect the growing and diverse fellowship. The long-awaited fourth edition features 24 new personal stories of recovery. Key features and benefits-the most widely used resource for millions of individuals in recovery-contains full, original text describing A.A. the program-updated with 24 new personal stories

作者介绍:

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AA的big book很大程度上解决了我钻牛角尖的问题,作为人生哲学来读很好。	
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