

The Essential Five



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Bits of wisdom, advice, and must-have information every woman needs for life. With an ever-widening world and many seasons of influence, women need insight for the countless areas and ways they are called upon to be wise. The five fun sections of The

Essential Five are Popular and Pursued, Classy and Fabulous, Domestic Goddess, Fetching and Fit, and Does It All. Lists include: Ways to Make Sure You Don't Ruin a First Date Strategies for Surviving Awkward Business Functions Ways to Make Your House Look Clean...Fast Spas Worth Traveling Around the World For Secrets for Eating Out When You're On a Diet Annual Appointments You Should Make...and Keep Ways to Stay Motivated at the Gym Steps of CPR Legal Documents You Should Have...Just in Case Body Language Signals You Don't Want to Send (or Maybe You Do)

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