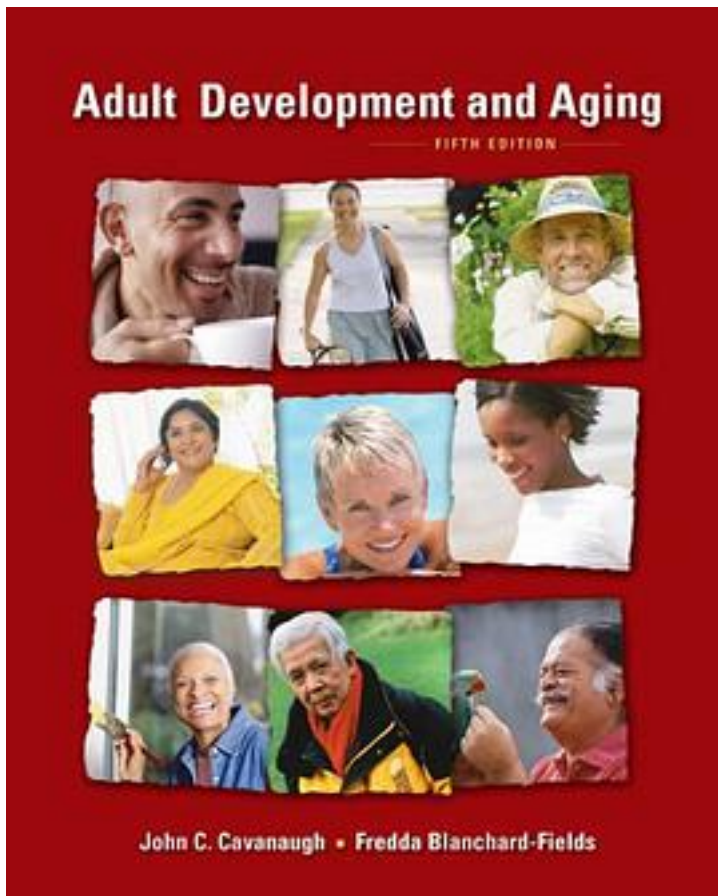


# Adult Development and Aging



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出版者:

出版时间:2007-12

装帧:

isbn:9780470118603

In ADULT DEVELOPMENT AND AGING: BIOPSYCHOSOCIAL PERSPECTIVES leading aging expert Susan Krauss Whitbourne explores both the art of successful aging, as well as the latest research on aging and adult development. Presenting a complete picture of the aging process, the text addresses the biological, psychological, and

sociocultural aspects of adult development on one integrated framework.

Whitbourne's hands-on, student-oriented approach enables readers to:

- \* Explore current research and biopsychosocial issues that cut across disciplinary lines
- \* Find out where the field is heading
- \* Meet leading researchers studying adult development
- \* Promote successful aging through compensative and preventative strategies
- \* Assess your understanding of key topics discussed in the text

作者介绍:

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