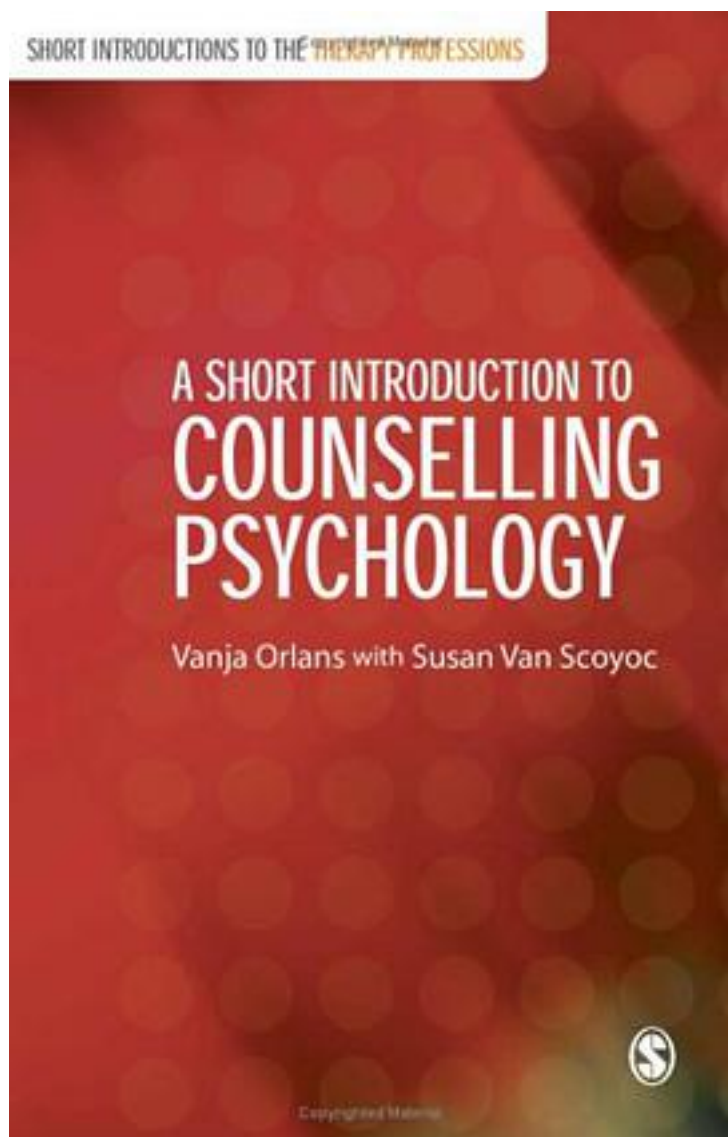


A Short Introduction to Counselling Psychology



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'Covering key issues in the development of counselling psychology, this text is ideal for psychologists considering entering counselling psychology training or those who have already started on this path' - Stephen Palmer, Professor of Psychology, City University. 'This book provides a thorough yet accessible introduction to counselling psychology. Written in a highly engaging manner, this timely publication will undoubtedly provide an invaluable resource to all that read it' - Ewan Gillon, Senior Lecturer in Counselling Psychology, Glasgow Caledonian University. "A Short Introduction to Counselling Psychology" brings together a wide range of information on the theory and practice of counselling psychology, written through the lens of direct practitioner experience and incorporating a global perspective. The authors offer views on cutting-edge issues in counselling psychology, discussing: the social and historical context; philosophical considerations; the professional knowledge base; training requirements and paths, careers and practice; and the tasks, challenges and debates that practitioners deal with in different settings. This accessible introduction is of special interest to students considering a career in counselling psychology, and to professionals involved in the training and supervision of counselling psychologists. As both an up-to-date review of professional developments in relation to the field of counselling psychology and also more broadly, senior practitioners should welcome this resource as a reference covering all aspects of the present professional setting.

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