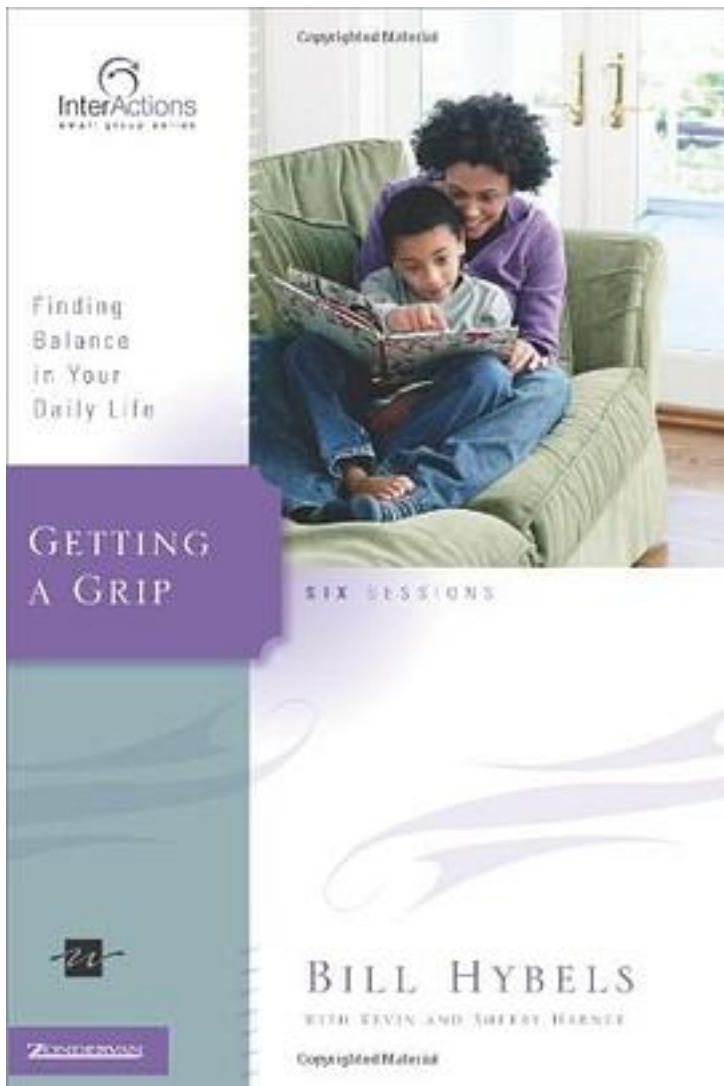


Getting a Grip



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著者: Priolo, Lou

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Teens will discover the source of their anger, how to control it, and why unrighteous anger does not square with the Biblical guidelines for our behaviour. Additionally, Priolo teaches teens how to journal their anger in order to discuss the exact words they used when losing their temper. This book was designed to be read by teens, but can also be read in conjunction with a parent, teacher or pastor.

作者介绍:

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