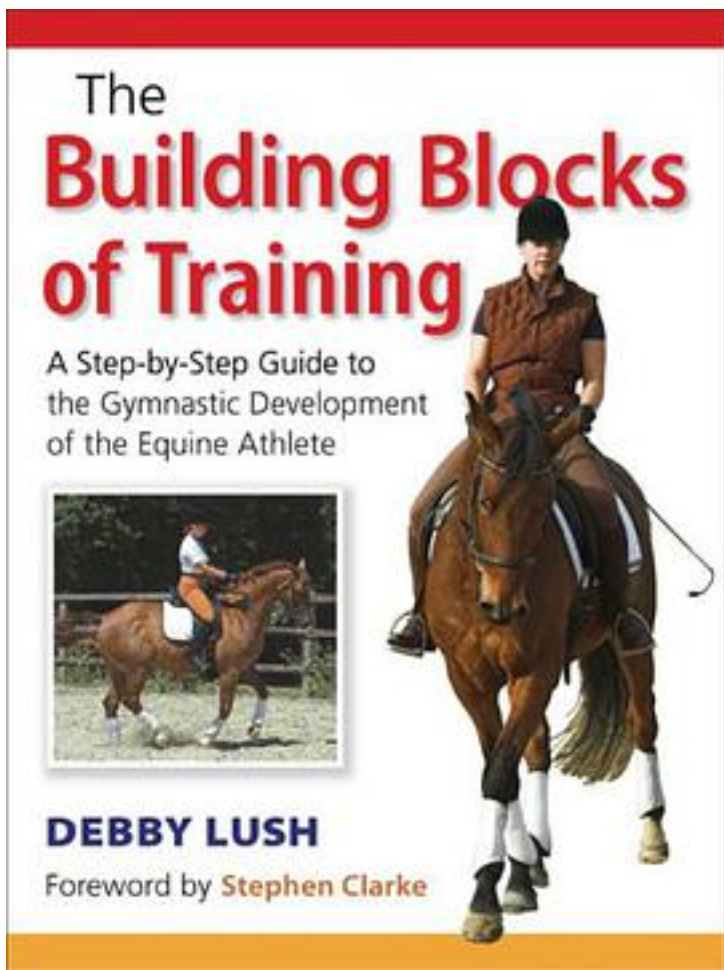


# The Building Blocks of Training



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著者:Lush, Debby

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To develop a harmonious partnership with your horse, whether you have ambitions in the competition arena or not, you need to develop a two-way communication system

that is clear to both of you. In "The Building Blocks of Training", Debby Lush, international dressage rider and senior instructor at the Training the Teachers of Tomorrow Trust, offers practical assistance in developing such a system, a progressive and logical one that is firmly rooted in classical training. The ultimate aim is to enhance the horse's mental and physical capabilities and so allow him to move easily and happily forward from the earliest simple steps to the more complicated efforts required further up the competition ladder. With step-by-step guides to every aspect of schooling from lungeing to lengthening (touching on the foundations to move on to the more advanced movements), and with troubleshooting sections to identify why things are going wrong and how to solve them, this book will be invaluable to countless horse and rider partnerships.

作者介绍:

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