Member's Kit



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著者:First Place 4 Health

出版者:

出版时间:2008-7

装帧:

isbn:9780830745890

The First Place 4 Health Member's Kit contains everything necessary for members to begin a new way of thinking about health and a renewed mind, body and spirit. It will help them make positive changes in their thought patterns, have better control over their emotions, transform the way they fuel and recharge their bodies, and relate better to God.

作者介绍:

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