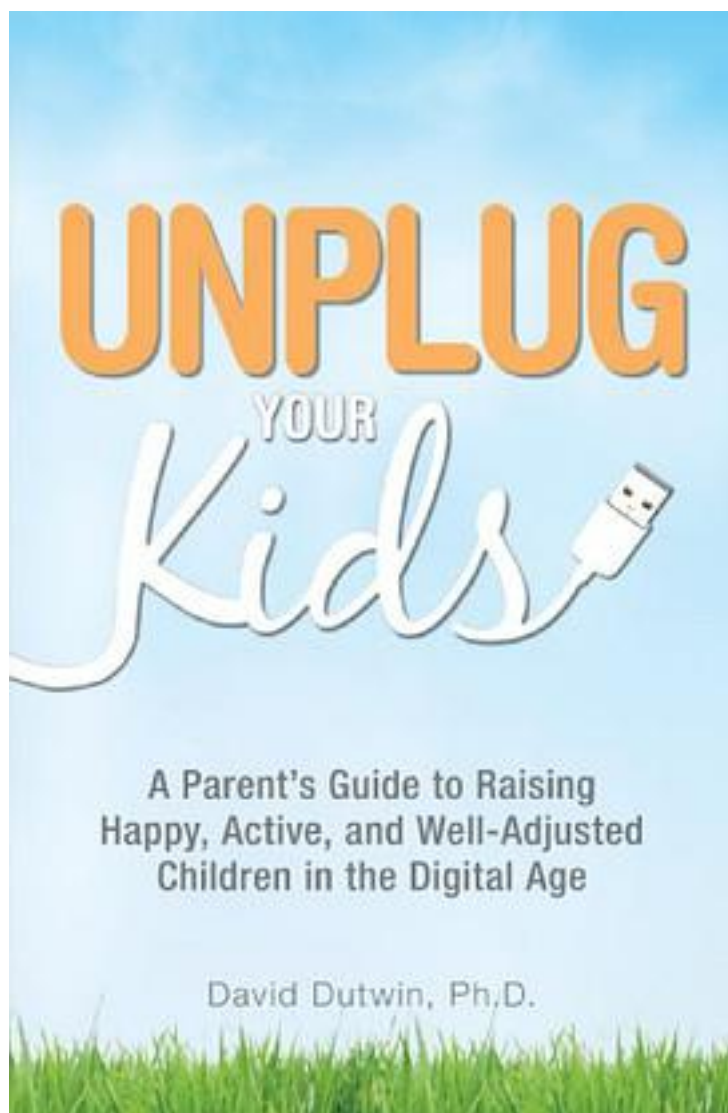# Unplug Your Kids

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TV, Surfing, IMing, Text Messaging, Video Games, and iPods - Kids today are plugged in to so much, so much of the time it's hard to keep track. But parents do know this much: It's too much, already!In "Unplug your Kids", parent and scholar David Dutwin, Ph.D., shows parents everywhere how to cut the digital cord and free their children to play and learn the old-fashioned way - actively! Organised in three sections, this practical, prescriptive book is packed with advice for every age, including how to: introduce toddlers to TV - or not; let little kids use computers; control pre-teens' online access; evaluate the pros and cons of video games; filter the Internet for teens; and, counteract all that sex and violence."Unplug Your Kids" arms parents with all the tricks and tools they need to make sure their kids remain happy, healthy, active, and aware, no matter how pervasive the digital world we live in becomes.

作者介绍:

目录:

[Unplug Your Kids_下载链接1_](#)

标签

评论

[Unplug Your Kids_下载链接1_](#)

书评

[Unplug Your Kids_下载链接1_](#)