

# Suicidal Behavior



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Almost one million people die worldwide by suicide each year, making it one of the leading causes of death throughout the lifespan. Suicide attempts outnumber deaths by suicide by a ratio of at least 25:1, those who attempt suicide are at high risk of later death by suicide, and suicide risk is one of the most frequent reasons for admissions to inpatient psychiatric units. Treatment of those at risk for suicide is thus a pressing priority. Research over the past two decades has led to the development of excellent empirically supported treatment methods. This book aims to increase clinicians' access to empirically supported interventions for suicidal behavior, with the hope that these methods will become the standard in clinical practice. This book is both a compact 'how-to' reference, for use by professional clinicians in their daily work, and an ideal educational resource for students and for practice-oriented continuing education. Structured similarly to others in the series, it is a 'reader friendly' guide covering aspects of the clinical assessment, management, and treatment of those at risk for suicide. It makes liberal use of tables, boxed clinical examples, and clinical vignettes, and other tools, for use in daily practice. The book, which also addresses common obstacles in treating individuals at risk for suicide represents an essential resource for anyone working with this high risk population.

作者介绍:

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