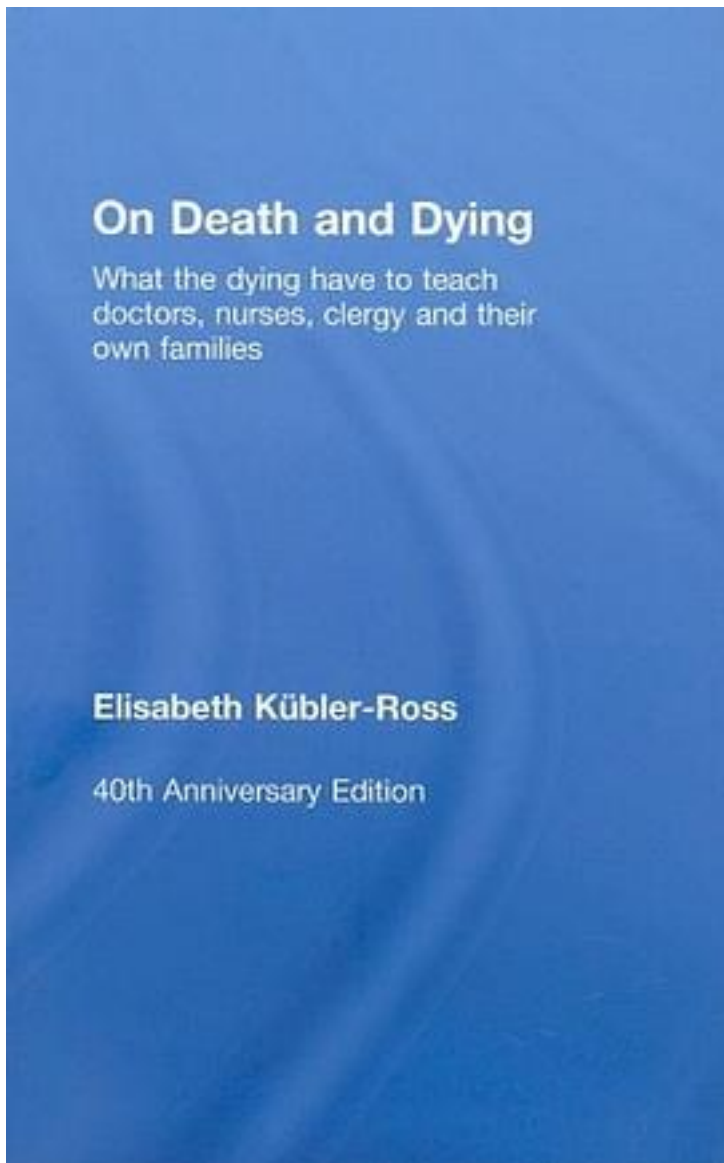


On Death and Dying



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著者:Kubler-Ross, Elisabeth

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Denial, anger, bargaining, depression and acceptance. The five stages of grief, first formulated in this hugely influential work forty years ago, are now part of our common understanding of bereavement. The five stages were first identified by Elisabeth Kubler-Ross in her work with dying patients at the University of Chicago and were considered phases that all or most people went through, when faced with the prospect of their own death. They are now often accepted as a response to any major life change. However, in spite of these terms being in general use, the subject of death is still surrounded by conventional attitudes and reticence that offer only fragile comfort because they evade the real issues. This groundbreaking book is still relevant - giving a voice to dying people and exploring what impending death means to them, often in their own words. People speak about their experience of dying, their relief in expressing their fear and anger and being able to move forward to a state of acceptance and peace. Ideal for all those with an interest in bereavement or the five stages of grief, this book contains a new extended introduction from Professor Allan Kellehear. This additional chapter re-examines *On Death and Dying* looking at how it has influenced contemporary thought and practice.

作者介绍:

Elisabeth Kübler-Ross, M.D. (July 8, 1926 – August 24, 2004) was a Swiss-born psychiatrist, a pioneer in Near-death studies and the author of the groundbreaking book *On Death and Dying* (1969), where she first discussed what is now known as the Kübler-Ross model.

She is a 2007 inductee into the National Women's Hall of Fame. She was the recipient of twenty honorary degrees and by July 1982 had taught, in her estimation, 125,000 students in death and dying courses in colleges, seminaries, medical schools, hospitals, and social-work institutions. In 1970, she delivered the The Ingersoll Lectures on Human Immortality at Harvard University, on the theme, *On Death and Dying*.

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标签

生寄死归，论死亡与濒临死亡

瑞士

Kubler-Ross

Elisabeth

英文

编程艺术

社科

理解死亡

评论

1970年代出的一本关于死亡的书，基于大量的采访，具体的病例故事，让我们在死亡面前不再孤独。

无数星。1969年的书，现在读起来还是发人深省。解答了我长久以来的许多问题。如果一年前读到，一切将会不同。推荐给所有人，也许会成为你一辈子读的最有意义的书之一。

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书评

看这本书，让我大哭，自己在亲人逝去前的逃避，成了我最大的遗憾；慢慢地，我开始理性的看待与亲人的生死之别，开始释怀。至少，我不会再去逃避，我知道该如何面对；更重要的是，在看书的过程中，不止考虑你是患者的亲属，还会想到你如果是绝症患者时，你该如何面对和处理一切...

这周6报纸，看到一段话：“an Australian survey of 3000 by a large women's health group found that women are more afraid of getting fat than cancer.”

我想你一定也不陌生这样一个句式：我情愿死也不想上台发言。难道只是因为肥胖或演讲的可能性要高于夭折？或者词汇匮乏...

文/吴情

我们身边不时有人谈论“死亡”（death）与“临终”（dying），然而，尴尬或吊诡的是，主持这些谈论“会”的主角，多半和“死亡”、“临终”无关（这里指的相关，主要说的是病患）。其实，这并不难理解。一方面，这些问题本就难以回答，在某种程度上，会因为人...

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