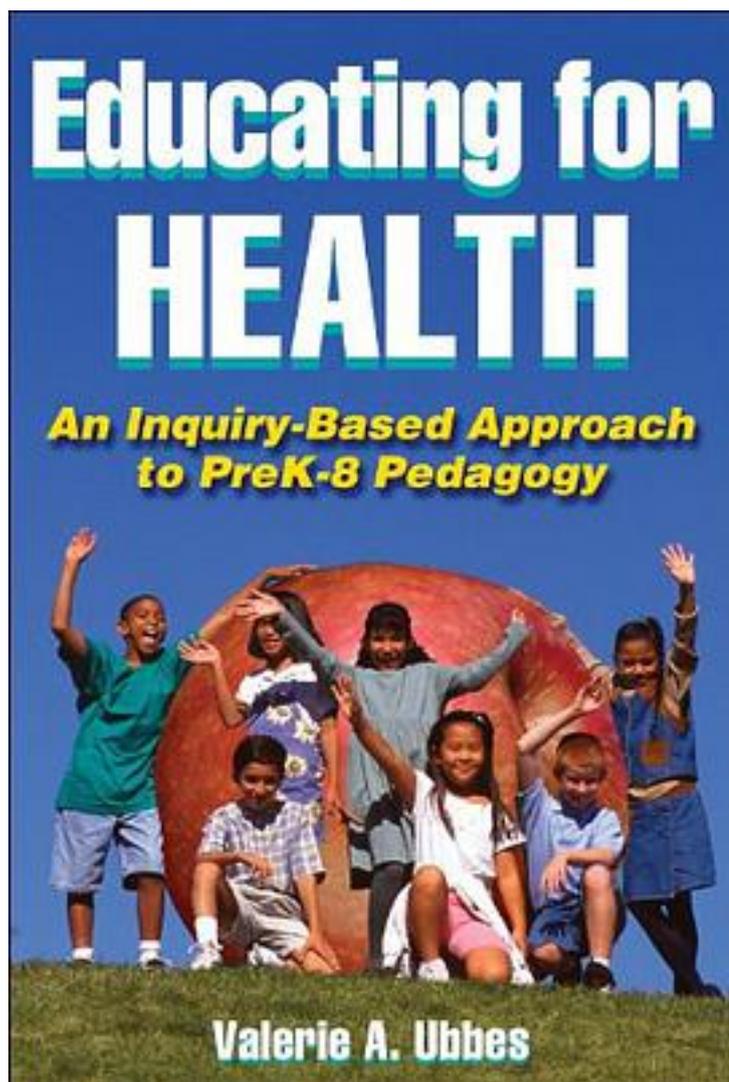


Educating for Health



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This book is truly a ground-breaking text in the field of health education teacher preparation. Inter-woven with real-world sensory images, tangible metaphors and illuminating analogies, it takes the reader on a unique journey through learning to teach health education. Innovative and fresh, the author's approach to instructional "methods" is grounded in the patterns of personal wellness that are then bridged to professional competencies. Through the perspectives of many other disciplines (e.g., science, the arts, mathematics), the reader will first briefly examine well-being, beliefs about health and experiences, as these are the foundation to becoming a role model and health leader for today's students. The reader will discover in-depth the patterns of curriculum development in health education and extensively explore lesson plan development in light of human nature and individual needs. At the same time deeply thought-provoking, warm and down-to-earth, Ubbes has mapped out a journey from novice to master teacher of health education for children.

作者介绍:

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