

# The Midwife's Labour and Birth Handbook



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To practice effectively, midwives need to continually update their knowledge of pregnancy and birth. This fully revised and updated new edition of The Midwife's Labour and Birth Handbook is a practical and accessible guide to providing midwifery care while promoting 'women-centred' care and normality. It explores important questions such as: \* Why are women not encouraged to make a birth plan for elective CS?

\* If a VBAC woman declines continuous CTG monitoring then why shouldn't she use a waterbirth pool?

\* If shoulder dystocia is anticipated, why not encourage all-fours birth in preference to a semi-recumbent position?

\* Why are the needs of the delivering professional so often put before the advantages of upright postures for promoting descent of a second twin? This new edition incorporates the latest research and national guidelines, and includes new chapters on twins, caesarean section, bullying, risk management and IOL. By bringing together the latest midwifery information in a woman-centred way, The Midwife's Labour and Birth Handbook is an essential guide for both student midwives and experienced practising midwives.

作者介绍:

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