

Coaching



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Coaching: A Realistic Perspective explores the numerous daily responsibilities of coaches regardless of the specific sport being coached. It is the ideal textbook for anyone who is preparing to coach athletics. All aspects of the profession are addressed in a clear and straightforward manner, presented with advice gained from decades of experience. Students exploring the profession, especially for secondary school, will find end-of-chapter questions helpful in creating points of discussion and debate. Appendixes include guides to scheduling practices, tournament organization, and helpful charts of averages and percentages. Coaching is a detailed look at the profession with Ralph and Michael Sabock proving excellent guides to the nature of sport, the ethics of athletics, and the world of coaching. The expanded and updated ninth edition examines the roles of head coaches and assistant coaches, married coaches, in-season and off-season responsibilities, ethical issues, player, parent, and booster relationships as well as issues, problems, and concerns in athletics today.

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