

Effective Treatments for PTSD



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Developed under the auspices of the PTSD Treatment Guidelines Task Force of the International Society for Traumatic Stress Studies, this tightly edited work is the definitive best-practice reference for practitioners caring for any trauma population. Leading clinical scientists thoroughly review the clinical and research literature on widely used therapeutic approaches. Succinct treatment guidelines are then presented that feature standardized ratings of the evidence for each approach. The second edition has been revised and expanded to incorporate important advances in the field, including a wealth of new data on child and adolescent therapies.

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